

CITY OF NORWALK



Recreation and Park Services Department



SCHEDULE OF ACTIVITIES



2012

Parks

Make

Life

Better!®



CITY OF
NORWALK

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Important Numbers

- Norwalk City Hall.....929-5700
12700 Norwalk Boulevard
- Citizen Information Center.....929-5735
City Hall, Room 1
- Fire Department (Emergency).....911
Station 20.....863-0214
Station 115.....868-5212
- Graffiti Removal Hotline.....929-5555
- Job Hotline.....929-5771
- Libraries
 - Alondra: 11949 Alondra Boulevard.....868-7771
 - Norwalk: 12350 Imperial Highway.....868-0775
- Norwalk Arts & Sports Complex.....929-5566
13000 Clarkdale Avenue
- Public Safety.....929-5732
City Hall, Room 15
- Recreation and Park Services.....929-5702
City Hall, Room 10
- Senior Center.....929-5580
14040 San Antonio Drive
- Sheriff's Department.....863-8711
12335 Civic Center Drive
- Social Services Center.....929-5544
11929 Alondra Boulevard
- Transportation
 - Metro Green Line and MTA Bus.....(800)266-6883
 - Metro Link.....(800)371-5465
 - Norwalk Transit.....929-5550

Recreation and Park Services Department

- Dave Verhaaf, Director of
 - Recreation and Park Services.....929-5702
- Bill Kearns, Recreation and Parks Superintendent.....929-5755
- Inez Alvarez, Recreation Supervisor.....929-5754
- April Batson, Recreation Supervisor.....929-5763
- Ted Bistarkey, Recreation Supervisor.....929-5706
- George Buchanan, Recreation Coordinator.....929-5956
- Gina Cosylyon, Recreation Coordinator.....929-5922
- Blanche Grove, Recreation Coordinator.....929-5519
- Rosie Lozoya, Recreation Coordinator.....929-5518
- Norwalk Arts & Sports Complex Reservations.....929-5566
- Park Reservations.....929-5702

NORWALK CITY COUNCIL

Mayor **MICHAEL MENDEZ**
 Vice Mayor **CHERI KELLEY**
 Councilmember **MARCEL RODARTE**
 Councilmember **LEONARD SHRYOCK**
 Councilmember **LUIGI VERNOLA**



The Schedule of Activities is published quarterly by the Recreation and Park Services Department. The Spring edition includes the months of March, April, and May.

If you have any questions or comments, please call us at **929-5702**.

Egg-normous Egg Hunt (All Ages)

Saturday, April 7 • 12:00-3:30 p.m.

Norwalk Civic Center Lawn • 12700 Norwalk Boulevard

An "Eggnormous" amount of oversized Easter eggs will be hidden throughout town beginning April 2nd as part of our Egg-stra Eggnormous City-Wide Egg Hunt! Keep your eyes open for these eggs, and if found, bring the giant egg to the Information Booth at Norwalk's Egg Hunt on Saturday, April 7, between 11:30 a.m. and 12:00 noon to redeem your prize. The event will be held on the Norwalk Civic Center Lawn, 12700 Norwalk Blvd. Only one egg may be redeemed per family. Eggs may only be redeemed for prizes during the time specified above. For more information please contact the Recreation and Park Services Department at 929-5702.

Egg Hunt Schedules

Tiny Tots (Ages 1½-3)	12:30 p.m.	Egg Heads (Ages 6-7)	1:30 p.m.
Funny Bunnies (Ages 4-5)	1:00 p.m.	Wacky Wabbits (Ages 8-10)	2:00 p.m.



Operation Hours

Monday-Sunday

7:00 a.m.-7:00 p.m.

(Last tee time is at 6:00 p.m.)

Last range bucket sale is at 5:00 p.m.)

Green Fees

Juniors (Ages 17 & Under)	\$4.50
Adults (Ages 18-54)	\$6.00
Seniors (Ages 55 & Over)	\$4.50
Replays	\$3.00
Range Buckets (Large)	\$4.00
(Small)	\$2.00

Junior Golf Academy

(Ages 5-17)

Saturdays • 10:00 a.m.-12:00 p.m.

Cost: \$5 per day

The Junior Golf Academy is designed to teach skill development, rules of the game, and course etiquette. For more information, please stop by or call the Norwalk Golf Center at 921-7047.



Norwalk Golf Center 13717 Shoemaker Avenue • 921-7047

The Norwalk Golf Center is owned, operated, and maintained by the City of Norwalk. It offers a challenging 9-hole, par 3 golf course, warm-up driving range, and putting green. The facility is ideal for golfers of all ages and skill levels. Book your tournament today by contacting the Golf Center staff at 921-7047.

Junior Golf Tournament (Ages 5-17)

Saturday, February 11, 2012 • 12:00 noon

Cost: Prior to February 5 - \$10 per player (includes golf, snacks & awards)

On or after February 5 - \$15 per player

Whether you're just beginning or are an experienced junior player, this 9-hole tournament is for you. Put the skills that you learned in the Junior Golf Academy to the test. No matter the results, you will have fun! Register at the Norwalk Golf Center. Awards will be presented to top finishers in the following divisions: Ages 5-8 years, 9-12 years, and 11-17 years. For more information, please stop by or call the Norwalk Golf Center at 921-7047.



Private Golf Lessons (All Ages)

Lessons are offered 7 days a week • 9:00 a.m.-4:00 p.m.

Cost: \$50 for 5 one hour lessons

Instructor: Luis Batson

This is a great way to improve your game for all skill levels and ages. Lessons include driving, putting, and course etiquette. Register today at the Golf Center. For more information on the private lessons, please call the Norwalk Golf Center at 921-7047. **Please Note:** The 5 lessons are to be completed within 8 weeks of signup.

Golf Lessons \$40/5 week session

Learn the game of golf...a sport for all ages! Lessons are taught in a relaxed group environment at the Norwalk Golf Center. Fundamental skills such as stance, grip, swing, and course etiquette will be covered. Class size is limited, so register early! For more information, please call 921-7047.

Mondays: March 19-April 16 and April 23-May 21

5:00-6:00 p.m. **Beginners** **Ages 12 years & Under**

6:00-7:00 p.m. **Intermediate** **Ages 12 years & Under**

Wednesdays: March 21-April 18 and April 25-May 23

5:00-6:00 p.m. **Advanced** **Ages 12 years & Under**

6:00-7:00 p.m. **Beginners** **Ages 13 years & Over**

Fridays: March 23-April 20 and April 27-May 25

5:00-6:00 p.m. **Intermediate** **Ages 13 years & Over**

6:00-7:00 p.m. **Advanced** **Ages 13 years & Over**



D.D. Johnston-Hargitt House Museum



(All Ages)
 12426 Mapledale Street
 Saturday, March 3 & 17
 April 7 & 21 • May 5 & 19
 1:00-4:00 p.m.

The D.D. Johnson-Hargitt House Museum is a two-story Victorian Eastlake home built in 1891. It is Norwalk's own nationally-registered landmark. The Museum contains D.D. Johnston-Hargitt family heirlooms as well as glimpses from Norwalk's past and other memorabilia. The Museum is brought to life through docent-led tours given by the Friends of Hargitt House. Admission is free; however, donations are always welcome. Please Note: The Museum may be closed in inclement weather; please call on the day of your visit to confirm opening. For more information, or to schedule a tour for groups of ten or more, please call 929-5566.

Gilbert H. Sproul Museum (All Ages)



Norwalk Park,
 12203 Sproul Street
 Sunday, March 4 • April 1 • May 6
 1:00-3:00 p.m.

Take a trip back in time and enjoy a visit to the historic Sproul Museum located in the heart of Norwalk Park. The Sproul Museum was built in 1874 and was home to the founder of Norwalk, Gilbert H. Sproul. The Museum contains many artifacts depicting the development of the City as well as Sproul family heirlooms. Admission is free; however, donations are always welcome. For more information, or to schedule group tours for ten or more visitors, please call 929-5566.

Rose Garden Celebration

Saturday, April 21 • 1:00-4:00 p.m.
 D.D. Johnston-Hargitt House Museum
 Cost: Free



The Rose Garden Celebration is an annual event showcasing the garden of the Museum. Hands-on activities for children of all ages are planned and refreshments will be served. This special day is free and open to the public. The D.D. Johnston-Hargitt House Museum is a nationally registered-landmark. Unique items include a five-legged dining room table, an old-fashioned butter churn, and a wood-burning stove. For more information, please call 929-5566.

SAVE THE DATE! Ice Cream Social

Gilbert H. Sproul Museum • Sunday, June 3 • 1:00-3:00 p.m.
 D.D. Johnston-Hargitt House Museum • Saturday, June 16 • 1:00-4:00 p.m.
 Cost: Free

Please join us for our Ice Cream Social! Old-fashioned homemade ice cream will be served, along with your favorite toppings. Stop by the Museum for a tour and come have some yummy ice cream! For more information, or to schedule group tours for ten or more visitors, please call 929-5566.

Be a Museum Docent! (Ages 18 & Over)

Docents are guides and storytellers. If you enjoy sharing stories, information, and talking to people, become a docent! The D.D. Johnston-Hargitt House and Sproul Museums are seeking interested people to train as Museum docents. A three-month commitment is required. Please call 929-5566 or stop by the Museums for an informal visit during operating hours. Training and supplies are provided at no cost.



Nature Center Norwalk Park • 13000 Clarkdale Avenue

The Nature Center features a wonderful variety of domesticated animals, a beautiful topiary garden, fruit trees, a stream and pond, and handsomely-painted carousel horses. Stop by for a free visit! To reserve the Nature Center for a special occasion, please contact the Recreation and Park Services Department at 929-5702.

Hours of Operation

Second and fourth Saturdays & Sundays of each month

11:00 a.m.-3:00 p.m.



Skate Park



Please Note: Helmets, kneepads, and elbow pads are required at all times while inside the Skate Park. For more information, please call 929-5566.

Norwalk Skate Park

The Skate Park is located at Norwalk Park adjacent to the Aquatic Pavilion. It is open to skaters and bikers of all ages. The Skate Park is open in the Spring during the following hours:

Skateboard & In-line Skate Hours

Mondays, Tuesdays, & Thursdays 8:00 a.m.-8:00 p.m.
Wednesdays 8:00 a.m.-2:00 p.m. & 5:00-8:00 p.m.
Fridays 8:00 a.m.-9:00 p.m.
Saturdays 8:00 a.m.-2:00 p.m. & 4:00-9:00 p.m.
Sundays 8:00 a.m.-8:00 p.m.

Bike Hours

Wednesdays 2:00-5:00 p.m.
Saturdays 2:00-4:00 p.m.

Park Locations



Gerdes Park
14700 Gridley Road
929-5611



Holifield Park
12500 Excelsior Drive
929-5614



Norwalk Park
13000 Clarkdale Avenue
929-5566



Sara Mendez Park
11660 Dune Street
868-1093



Hermosillo Park
11959 162nd Street
929-5613



New River Park
13432 Halcourt Avenue
929-5619



Ramona Park
13244 Mapledale Street
929-5616



Vista Verde Park
11459 Ratliffe Street
929-5618

Park Programs

YOUR BEST BET FOR AFTER SCHOOL AND SPRING FUN IS TO VISIT YOUR LOCAL PARK OR RECREATION FACILITY! All park sites will be supervised by trained staff that will ensure your children have a safe and enjoyable experience. For detailed information on the many fun activities at your local park, please call 929-5922.

Supervised Park Hours

Please Note: No staff will be at the parks on Monday, May 28.

Monday, Tuesday, Thursday & Friday • March 5-May 31 • 2:30-4:30 p.m.

Gerdes Park, Hermosillo Park,
Holifield Park, New River Park,
Ramona Park, & Sara Mendez Park

Wednesdays • March 5-May 31 • 1:00-3:00 p.m.

Gerdes Park, Hermosillo Park,
Holifield Park, New River Park, & Ramona Park

Wednesdays • March 5-May 31 • 1:30-3:30 p.m.

Sara Mendez Park

Spring Break Hours

Monday-Thursday • April 9-12 • 1:00-5:00 p.m.

Gerdes Park, Hermosillo Park, Holifield Park, New River
Park, Ramona Park, & Sara Mendez Park

Vista Verde Park

Due to renovations at Vista Verde Park the supervised park program will not run at the park until the completion of the project. The park will remain open for public use. Thank you for your understanding and we look forward to seeing you at our new facility!

Tot Park Programs Gerdes Park, 14700 Gridley Road

Totally Tots (Ages 3-5)

Prepare your child for Kindergarten and help them learn necessary skills in a fun and interactive environment. Tots will participate in art, music, and storytelling while interacting with peers to build social skills and gaining independence. All materials are included. Participants must be potty trained. For more information, please call 929-5922.

Important Information: Registration for Totally Tots begins Friday, February 10, at 3:00 p.m. at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue.

Mondays, Wednesdays, & Fridays • 9:00-11:30 a.m.

Cost: \$40 Resident/\$50 Non-Resident

Session 1 - 2611.201 March 12-April 6
Session 2 - 2611.202 April 23-May 18
Session 3 - 2611.301 June 5-28

Tuesdays & Thursdays • 9:00-11:30 a.m.

Cost: \$26 Resident/\$36 Non-Resident

Session 1 - 2612.201 March 13-April 5
Session 2 - 2612.202 April 24-May 17
Session 3 - 2612.301 June 4-29



NEW Zumba (Ages 18 & Over)
Mondays • 9:00-10:00 a.m.

Cost: \$28 per session/5 weeks
Hermosillo Park, 11959 162nd Street
Instructor: Irma Bretado

Registration is being taken at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue. Burn up to 1,000 calories with this fun and easy to do workout. Based on Latin dance, this class is sure to get you moving and you will have fun without knowing you are working out.

- Session 2 - 2505.102**
 - Session 3 - 2505.201**
 - Session 4 - 2505.202**
- (Class will not meet on May 28)**



- February 27-March 26**
- April 2- April 30**
- May 7-June 11**

NEW Zumba (Ages 18 & Over)
Wednesdays • 6:00-7:00 p.m.

Cost: \$28 per session/5 weeks
Gerdes Park, 14700 Gridley Road
Instructor: Irma Bretado

Registration is being taken at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue. Burn up to 1,000 calories with this fun and easy to do workout. Based on Latin dance, this class is sure to get you moving and you will have fun without knowing you are working out.

- Session 2 - 2504.102**
- Session 3 - 2504.201**
- Session 4 - 2504.202**



- February 8-March 7**
- March 14-April 11**
- April 18-May 16**

Therapeutic Recreation Gerdes Park • 14700 Gridley Road • 929-5611

This program is designed for children, teens, and adults with developmental, physical, and/or learning disabilities. Participants are encouraged to maximize their abilities through recreation activities with a social emphasis. Recreation staff at a 1:6 ratio conducts the program. All participants must have a current medical/emergency form on file with the department in order to participate.

Please Note: Although group homes are encouraged to participate, an attendant or program aide must remain to assist as needed. Activities are held at Gerdes Park, 14700 Gridley Road, unless otherwise noted. To register for programs or to be added to the mailing list, please call 929-5922, or visit/call the Therapeutic Program staff at Gerdes Park, 929-5611 during operating hours on Monday through Thursday from 3:30-5:30 p.m. Mail in registration also available, see page 24.

REACH (Ages 6-16)

Recreation Environment Adapted for Children with Handicaps

Spring Fun Faire (Ages 6-16)

Monday-Thursday • 3:30-5:30 p.m.
Gerdes Park, 14700 Gridley Road

Cost: \$25 per session

This program will keep your child active and entertained as they socialize and make new friends. Activities include homework help, games, hands-on activities, social skills, and more. A daily snack will be provided. Please register early. Space is limited.

- Session 1 - 2630.201 February 27-March 22**
- Session 2 - 2630.202 March 26-April 19**
- Session 3 - 2630.203 April 23-May 24**

RAT/RAAD Nights (Ages 13 & Over)

Thursdays, March 1-May 31
Gerdes Park, 14700 Gridley Road

Make Thursdays the highlight of the week! Each week we have a different activity planned for all the participants. Thursdays are never boring with a variety of activities ranging from excursions to dances. The best part is, participants are sure to have fun and make new friends. Check out the monthly calendar for fees, times, and registration information.

RAT/RAAD (Ages 17 & Over)

Recreation Adapted for Teens & Adults with Disabilities

RAT/RAAD TGIF (Ages 13 & Over)

Fridays, March 23 • April 13 • May 11
Gerdes Park, 14700 Gridley Road

TGIF!!! Start off your weekend with a bang as we visit local and far away destinations! These Friday night activities are sure to keep you coming back for more. Check out the monthly calendar for fees, times, and registration information.

Awesome Saturdays (Ages 13 & Over)

Saturdays, March 10 • April 28 • May 19 • 11:00 a.m.-4:00 p.m.
Gerdes Park, 14700 Gridley Road

Enjoy your Saturday's visiting exciting destinations to local or far away attractions. It is sure to make your Saturdays fun and exciting. Check out the monthly calendar for fees, times, and registration information.

SAVE THE DATE! Prom

Thursday, July 12 • 6:00-9:00 p.m.
Norwalk Arts & Sports Complex
13000 Clarkdale Avenue

Cost: \$10.00 per person 2672.301
 Register by July 6 at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue.



Register for Therapeutic Programs at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue.

Please Note: Programs may be changed or canceled without notice. Refunds will be issued in full for any program canceled by the City of Norwalk. Please visit the official City of Norwalk website at www.ci.norwalk.ca.us for updated information on upcoming events and programs.

Special Olympics

Interested in joining Team Norwalk.

For more information, please call 929-5922.



Special Olympics
Southern California

Adaptive Golf (Ages 8 & Over)

Tuesdays • March 6-May 22

3:00-5:00 p.m.

Cost: Free

Ready for the green? This program will teach participants the fundamentals of the game of golf. This one-hour class will improve hand-eye coordination, develop motor skills, and improve balance and coordination. Experience putting, driving, and playing 9 holes of golf (depending on individual progress). Equipment rental is included. Participants will be involved in tournaments throughout the season to prepare them for the annual "Special Olympics Summer Games" in June at California State University, Long Beach. Class will meet at Norwalk Golf Center, 13717 Shoemaker Avenue.



Track & Field (Ages 8 & Over)

Wednesdays, beginning March 7

5:30-6:30 p.m.

Saturdays, beginning March 10

9:30-11:00 a.m.

Cost: Free

Become part of our most popular Special Olympic sports: Track and Field! Wednesday practices will take place at Gerdes Park, located at 14700 Gridley Road. Saturday practices take place at the Excelsior High School Track, located at 15711 Pioneer Boulevard. The season culminates in a fantastic finish at the annual "Special Olympics Summer Games" in June at California State University, Long Beach. If you are interested in becoming a part of this or other Team Norwalk sports, please contact the Program Coordinator at 929-5922 or the Therapeutic Recreation staff at 929-5611, Tuesday-Thursday from 3:30-5:30 p.m. Times and locations may vary.



Volunteers Needed

Join the spirit of Special Olympics! The Therapeutic Recreation Program participates in year-round Special Olympics Regional Meets and area competitions. We are looking for dedicated volunteers to lend a hand with coaching, fundraising, and general support. If you are interested in volunteering, please call 929-5611 or 929-5922.



Please Note: The Teen Center will be closed on Monday, May 28.

Teen Center (Ages 13-18)

12305 Sproul Street • Monday-Friday • 3:30-6:30 p.m.

What are you doing with your free time? Do you need a place where you can just be yourself? Get out of your house, text your friends and make your way to The Norwalk Teen Center!!! The Teen Center is equipped with computers, Internet access, big screen television, pool table, and much, much more. Staff is ready to help you with a variety of things to keep you entertained. Activities include cooking, crafts, outdoor sports, and more. We are conveniently located near the Norwalk Arts & Sports Complex, Skate Park, and the Aquatic Pavilion. This program is free, and no registration is required. To speak with a staff member, please call 929-4260.

Spring Break Hours: Monday, April 9-13 2:00-5:00 p.m.

**Visit the City of Norwalk's
Official Website at:
www.ci.norwalk.ca.us**



Teen Events & Excursions

“Spring Fling” Middle School Dance

Friday, April 20 • 6:00-9:00 p.m.

Norwalk Arts & Sports Complex

Cost: \$5 per student

Invite your friends to celebrate the beginning of Spring at this special event featuring music, dancing, and food. So, if you are ready for some fun, the Sports Complex is the place to be! **Please Note:** The dance is open only to Norwalk students in the 6th, 7th, and 8th grades. Students will need to show a school I.D. card, yearbook photo, or other positive identification to verify current grade level. Dress code will be enforced. For more information, please call 929-4260.

“Summer Sensation” Middle School Dance

Friday, June 15 • 7:00-10:00 p.m. • Norwalk Arts & Sports Complex

Cost: \$5 per student

Let us jump start your Summer with an end of the school year dance party! Invite your friends and come celebrate at this special event featuring music, dancing, and food. If you are ready for some fun, the Sports Complex is the place to be! **Please Note:** The dance is open only to Norwalk students in the 6th, 7th, and 8th grades. Students will need to show a school I.D. card, yearbook photo, or other positive identification to verify current grade level. Dress code will be enforced. For more information, please call 929-4260.

Laser Tag

Saturday, March 17 • 11:00 a.m.-4:00 p.m.

All excursions depart from and return to the Norwalk Arts & Sports Complex.

Cost: \$12 (includes transportation) • 2510.201

Test your accuracy as we head to Laser Island in Upland for a fun filled afternoon. Teens will enjoy pizza and drinks, and play 2 games of laser tag. Please bring extra money for other games. Sign up at the Norwalk Arts & Sports Complex by Friday, March 9. For more information, please call 929-4260.



Dodgers vs. Padres

Friday, April 13 • 5:30-11:00 p.m.

All excursions depart from and return to the Norwalk Arts & Sports Complex.

Cost: \$20/person • 2513.201

The 2012 Los Angeles Dodgers are back and we are heading to Dodger Stadium to see them take on their NL West rival San Diego Padres! Sign up at the Norwalk Arts & Sports Complex by Friday, April 6. Tickets are limited so don't wait. A parental permission waiver is required. For more information, please call 929-4260.



Teen Alliance Program (TAP) (Ages 13-18)

Join TAP and learn valuable working skills, develop social skills, interpersonal skills, and gain a sense of accomplishment, all while giving back to your community. You will have an opportunity to volunteer at City-wide special events and a variety of activities in Norwalk. This is also a great way to serve volunteer hours for school or church. The Teen Alliance Program General Membership meetings are held on the first Wednesday of each month (March 7, April 4 & May 2) at the Norwalk Arts & Sports Complex from 5:00-6:00 p.m. For more information on meetings or TAP events, please call 929-4260.

Teen Center Classes

Summer Job Hunt

Tuesday, March 20-April 10 • 4:00-5:00 p.m.

Cost: Free

With our Summer Youth Program around the corner, this class will help prepare you for the tough application process. You will learn to put together your resumes, fill out applications, and learn basic interview skills that will assist you in finding a Summer job. Sign up at the Teen Center by Thursday, March 15. For more information, please call 929-4260.

Cooking for Any Occasion

Thursday, March 22-April 12 • 4:00-5:00 p.m.

Cost: \$10 • 2515.201

Ever wonder how you make lasagna, or how to fold a flour tortilla for the perfect bean burrito? This class will be dedicated to creating wonderful ethnic dishes. It will include easy-to-understand recipes that anyone can follow. Space is limited. For more information, please call 929-4260.

Water Fitness

Tuesdays, April 17-May 8 • 4:30-5:30 p.m.

Cost: \$5 • 2516.201

Exercising is definitely the new trend. If you joined us for our last health and fitness class you know what we are talking about. The Aquatic Pavilion and the Teen Center have joined forces and will be offering a new fitness class. Don't pass up this learning and fitness experience! For more information, please call 929-4260.

Teen Outdoor Fun

Wednesdays, April 18-May 9 • 5:00-6:00 p.m.

Cost: Free

Ever get the itch to just play sports without a commitment of time and money? This Spring the Teen Center is gathering up some teens who just want play team sports with other teens. Come join us as we gear up to have fun outside playing sports. Sign up at the Teen Center by Thursday, April 12. For more information, please call 929-4260.



Cultural Arts Center 13200 Clarkdale Avenue • 929-5521

Sunday & Monday Closed
Tuesday-Friday 3:00-7:00 p.m.
Saturday 11:00 a.m.-3:00 p.m.

Please Note: The Cultural Arts Center will be closed on Saturday, April 7.

At the Cultural Arts Center (CAC), classes and workshops are offered free or at a nominal fee to Norwalk residents. Classes are 45-minutes in length unless otherwise noted. The Center is located adjacent to the Norwalk Arts & Sports Complex, 13200 Clarkdale Avenue. The CAC also houses the Mary Paxon Art Gallery.

Registration will be held on Thursday, March 1, from 8:00 a.m. to 9:00 p.m. at the Norwalk Arts & Sports Complex. Register early! If there are less than three participants enrolled in a class (prior to the first day of class) the class will

be cancelled. Additional registration hours will take place during regular operating hours: Monday-Thursday 8:00 a.m.-9:00 p.m., Friday 8:00 a.m.-6:00 p.m., and Saturday 9:00 a.m.-6:00 p.m. For registration or general information, please call 929-5521.

Please Note: Art is messy. Bring an apron or oversized shirt to protect clothing.

Mary Paxon Art Gallery

The Gallery is located at the Cultural Arts Center adjacent to the Norwalk Arts & Sports Complex. The Gallery exhibits the works of local and regional artists to promote visual arts in the community. If you are interested in exhibiting artwork, please call the Cultural Arts Center at 929-5521. The Gallery is free to the public and is wheelchair accessible.



Calling All Artists!

The Mary Paxon Gallery is seeking artists for future exhibits. If you are interested in being included in our Artist Directory, please call 929-5521.

Mailing List

To be added to our mailing list for future art exhibits and art receptions, please call the Cultural Arts Center at 929-5521.

Upcoming Exhibit Schedule

March 1-17

Showing: "America the Beautiful"

Artist: Terry Koepke

Artist's Reception: Saturday, March 3 • 5:00-8:00 p.m.

March 27-April 20

(Please Note: Exhibit will be closed on Saturday, April 7)

Showing: "Art of Rancho"

Artists: Various Artists from Rancho Los Amigos Hospital

Artists' Reception: Friday, April 20 • 6:00-9:00 p.m.

April 27-May 15

Showing: Dialogue Squared: Line, Shape and Color

Artists: Hagop Najarian and Andrea Bersaglieri

Artists' Reception: Saturday, April 28 • 6:00-9:00 p.m.

May 22-June 12

Showing: "Drawn to Nature"

Artists: Mukrim Brush Painting Club

Artists' Reception: Friday, May 25 • 5:00-8:00 p.m.

Cultural Arts Center Special Programs



NEW Two-in-One Combo Classes Fantasy Faces/ Cricket Creations (Ages 3-17)

Wednesdays & Thursdays • 4:30-6:00 p.m.

Cost: \$6/2 weeks

Visit us for our new Two in One Combo Classes. This mini-class will meet for two weeks and will be a fun way to start the Spring season. For week one, we are calling all face painters to join us for this one of a kind face painting class! For week two, we will be creating fun projects with the Cricket machine. Pre-registration is required. Please register early. Classes with less than three participants will be cancelled.

March 14 & 15 - 2590.201 (Ages 3-6)

March 21 & 22 - 2591.201 (Ages 7-17)



Cultural Arts Center Special Programs

Ceramic Art Studio (All Ages)

Fridays & Saturdays

Cost: \$5 lab fee per visit (cash & checks only)

Visitors will be able to drop in and paint, glaze, and utilize supplies. Items will be fired by a staff member. The \$5 lab fee

will include supplies, paint, and staff assistance. In addition to the \$5 lab fee, participants will have to purchase their ceramic piece at the CAC. Items will range from \$2 to \$20. If you wish to bring your own ceramic piece you may. However, we will only fire ceramic items purchased from the Cultural Arts Center. Please call the Cultural Arts Center for more information at 929-5521. The Ceramic Art Studio will be open the following dates:

Friday, March 2	3:30-6:00 p.m.
Friday, March 9	3:30-6:00 p.m.
Saturday, March 10	11:30 a.m.-2:00 p.m.
Friday, March 16	3:30-6:00 p.m.
Saturday, March 17	11:30 a.m.-2:00 p.m.
Friday, March 23	3:30-6:00 p.m.
Saturday, March 24	11:30 a.m.-2:00 p.m.

Community Book Fair

Tuesday-Saturday, April 10-21*

Tuesday-Friday 3:00-7:00 p.m. & Saturday 11:00 a.m.-3:00 p.m.*

Cost: Free

*The Book Fair will be open additional hours during the "Artastic" Event at the Cultural Arts Center on Friday, April 20 from 6:00-9:00 p.m.

Teach your children to fall in love with reading. When children read books that they find enjoyable, they tend to read more! Visit our Book Fair to find enjoyable books for your children. This year we are offering a premier book fair! The book selection will be greater and best selling books will also be offered for adults.

Community Art Competition & Scholarship Program

Art Submittal Dates: April 3-6 (Tuesday-Friday 3:00-7:00 p.m.)

Art Exhibit Dates: April 19-21

Artist Reception/Awards Night: Friday, April 20 • 6:00-9:00 p.m.

Cost: Free

This year will mark our 3rd annual Community Art Competition and Scholarship Program. All high school and middle school students from the Norwalk/La Mirada Unified School District are invited to compete. Please submit your best piece of work. Accepted media include: photography, drawing, painting, sculpture, and computer art. All artwork must be mounted, matted, or framed. Applications will be available online and at City facilities. A total of \$400 in scholarships will be awarded to top artists. For more information, please call the Cultural Arts Center at 929-5519.

Free Cultural Arts Center Special Event "ARTASTIC"

Friday, April 20 • 6:00-9:00 p.m.

Cost: Free

"Artastic" is a free special event, highlighting the Cultural Arts Center and the programs available to the community. We offer dozens of different classes in varying art mediums; stop by and see what we have to offer. This event is for the entire family and will feature free art activities and projects for youth, multiple art exhibits, entertainment including the All-City Youth Band and the City of Norwalk Youth Mariachi Group, a fundraising dinner hosted by the band, a book fair, a scholarship ceremony, painting demonstrations, and much more. Please see the upcoming exhibit schedule for gallery showings that will be on display the night of the event. For more information, please call 929-5521.



Open Mic Night (Free)

Friday, May 18 • 6:00-9:00 p.m.

Performers (Ages 12-19)

Audience (All Ages)

Join us for a special open mic evening just for teen performers. Youth ages 12-19 are welcome to sing a couple of songs, play an instrument, share-spoken word or poetry, or even come as a band. Participants will be allowed to play 2 songs or a total of 7

minutes. For those who play an electric guitar and/or drums, a drum set and a guitar amp will be provided for you. However, you must bring your own drumsticks and/or electric guitar. All types of music are welcome. However, lyrics need to be appropriate for all ages. Please refrain from curse words or hateful messages. Don't forget to invite your family and friends! All ages are enthusiastically encouraged to come and watch. Performers are encouraged to arrive early to sign up for a spot. Sign-ups will begin at 5:30 p.m.

Creative Lil' Hands (Ages 3-5)

Tuesdays & Thursdays • 9:00 a.m.-12:00 p.m.

Cost: \$50/5 weeks

Toddlers will get a head start for Pre-school and Kindergarten. They will practice listening skills, sharing, and taking turns. Students will participate in many activities including art, crafts, music, and story telling. Activities are selected to enhance the learning of shapes, colors, and ABC's. Please note: The Creative Lil' Hands program will be performing at the Artastic event on April 20.

Session 1 - 2532.201

Session 2 - 2532.202



March 20-April 19

April 24-May 24

Cultural Arts Center

All Cultural Arts Center Classes are 45 minutes in length unless otherwise noted.

Tots (Ages 3-5)

An adult or sibling twelve years of age or over must accompany children under the age of six for the duration of class.



Shapes Come to Life 2534.201

Wednesdays • April 4-May 2 • 4:00 p.m.

(Class will not meet on April 18)

Cost: \$5

Come create fun drawings using basic shapes. See how circles, squares, and rectangles can boost your imagination.

Toddlers on the Move 2535.201

Wednesdays • April 4-May 2 • 5:00 p.m.

(Class will not meet on April 18)

Cost: \$7

In this interactive class, learn dances that help tell a story and create a complementary craft.

Story Drawing 2536.201

Wednesdays • April 4-May 2 • 6:00 p.m.

(Class will not meet on April 18)

Cost: \$5

Add a twist to regular scrapbooking by using drawings and pictures to create your very own storybook about yourself.

A Bug's Life 2537.201

Fridays • April 6-May 4 • 3:00 p.m.

(Class will not meet on April 20)

Cost: \$5

Enjoy making fun bug crafts for the Spring. Crafts will include edible bugs stuffed bugs and other friendly bug projects.

Into the Amazon 2538.201

Fridays • April 6-May 4 • 4:00 p.m.

(Class will not meet on April 20)

Cost: \$5

Pumas, piranhas, and parrots oh my! Exciting creatures and plants live in the rain forest. We invite you to journey with us to the Amazon by making creations to help you remember your voyage.

Jiggly Jello 2539.201

Saturdays • April 14-May 5 • 11:00 a.m.

Cost: \$10

Jiggle it just a little bit and wiggle it. Come have a good time sculpting jello creations.

My First Garden 2540.201

Wednesdays • May 9-30 • 3:00 p.m.

Cost: \$7

April showers bring May flowers. Learn the essentials needed to cultivate your own garden. Make your very own flower bed and decorate your gardening tools.

Painting for Tots 2541.201

Wednesdays • May 9-30 • 4:00 p.m.

Cost: \$5

Be innovators with paint using feathers, leaves, and paint brushes. Your tots will make timeless works of art.

Indoor Picnics 2542.201

Wednesdays • May 9-30 • 5:00 p.m.

Cost: \$10

Learn some fast and fun snack ideas for your next picnic. We will make some pizza pockets, cupcakes, and more.

When I Grow Up 2543.201

Fridays • May 11-June 1 • 3:00 p.m.

Cost: Free

What do you want to be when you grow up? Have fun with your toddler making career themed arts and crafts.

Shake, Rattle, & Roll 2544.201

Fridays • May 11-June 1 • 4:00 p.m.

Cost: \$8

Hey little rock stars, come and perfect the art of your instruments. We will be making guitars, drums, tambourines, and maracas.

Old Mc Joe's Farm 2545.201

Saturdays • May 12-June 2 • 11:00 a.m.

Cost: \$5

Baa, oink, oink, hee ha! Bring the kids to learn about their favorite farm animals.

Youth (Ages 6-12)

Unless otherwise noted

Back to the Future 2546.201

Thursdays • April 5-May 3 • 4:00 p.m.

(Class will not meet on April 19)

Cost: \$5

Let's take a trip through art history by creating memorable art pieces from the past. We will add a modern perspective to classic art to create new masterpieces.

Flying High 2547.201

Thursdays • April 5-May 3 • 6:00 p.m.

(Class will not meet on April 19)

Cost: \$7

Let's go fly a kite! Spring breezes are perfect for kite flying. Build and decorate your own kites that will have you soaring this Spring.

Spring In the Air 2548.201

Fridays • April 6-May 4 • 5:00 p.m.

(Class will not meet on April 20)

Cost: \$5

Put that spring in your step with Spring in the air. Join us to create fun Spring art projects.

Game On 2549.201

Fridays • April 6-May 4 • 6:00 p.m.

(Class will not meet on April 20)

Cost: \$7

Calling all gamers. Not video gamers but real gamers. From mancala to pinball, your game creations will provide endless hours of fun.

Fancy Snacks 2550.201

Saturdays • April 14-May 5 • 12:00 p.m.

Cost: \$10

Not only will it taste good, but it will look good too! Learn to make fancy snacks that will surely impress all your friends.

Glass Works 2551.201

Saturdays • April 14-May 5 • 1:00 p.m.

Cost: \$8

We will use a simple piece of glass to create beautiful works of art. Decorate a candleholder, a mirror, and more.

Origami 2552.201

Thursdays • May 10-31 • 4:00 p.m.

Cost: Free

Let's get folding! Come transform plain pieces of paper using the Japanese form origami.

Art Club 2553.201

Thursdays • May 10-31 • 5:00 p.m.

Cost: Free

Do you love art? Then the art club is for you. Enjoy studio time for independent painting and drawing, learn about influential artist from the past and present, and experience art through field trips to local galleries.

Rockin Writers 2554.201

Thursdays • May 10-31 • 6:00 p.m.

Cost: \$5

Come add your personal style to ordinary pens and pencils. We will be using clay, wires, and other items to add style to your writing tools.

Out of This World 2555.201

Fridays • May 11-June 1 • 5:00 p.m.

Cost: \$5

Aliens, space ships and stars will collide for this art adventure.

Twisted Balloons 2556.201

Saturdays • May 12-June 2 • 12:00 p.m.

Cost: \$8

Be the life of the party when you show off your balloon talents. You will learn to twist balloons into animals, hats, and more.

Multi-Cultural Art 2557.201

Saturdays • May 12-June 2 • 1:00 p.m.

Cost: \$5

Let's travel the world! We will start in Mexico learning about arts and crafts that are traditional to the Mexican culture. Let's make papel picado and more.

Teens (Ages 13-17)

Cool Beans 2558.201

Thursdays • April 5-May 3 • 5:00 p.m.

(Class will not meet on April 19)

Cost: \$10

Learn how to blend and make delicious coffee. We will be learning to make new recipes for coffee, frappuccino and more.



Sweet Tooth 2559.201

Fridays • May 11-June 1 • 5:00 p.m.-6:30 p.m.

Cost: \$10

Everyone has a sweet tooth. Come and make your favorite sweets such as cookies, brittle, and a variety of cake pops.

Adults (Ages 18 and Up)

Decorating for Fun 2560.201

Thursdays • April 5-May 3 • 6:00 p.m.

(Class will not meet on April 19)

Cost: \$10

In this class we will be creating simple home decorations that will change the look of a room without burning a hole in your wallet.

One Stroke Painting 2561.201

Wednesdays • May 9-30 • 6:00 p.m.

Cost: \$10

Need a break from your everyday life?

Painting is a good way to de-stress from a long day. Learn to paint using the one stroke painting method.



Youth Mariachi Classes (Ages 7-18)

Cost: Residents \$25 per month/*\$60 per three months, Non-residents \$30 per month/*\$75 per three months

Classes are held on Tuesdays at the Cultural Arts Center. Lessons will be offered in Guitar, Violin, Trumpet, and Voice at a reasonable cost. Participants must provide their own instruments; however, the Youth Mariachi Program has some instruments available for loan. New series of classes begin every three months. Please call 929-5521 for instrument availability, additional questions, or to be added to the mailing list. Registration will be held on Thursday, March 1, beginning at 8:00 a.m. to 9:00 p.m. at the Norwalk Arts & Sports Complex. Si necesita informacion en español, por favor llamar al numero 929-5521.

Session 1 - March 6-27 *Three month pre-pay option available for March to include March, April, May.

Session 2 - April 3-24 (Performance date on April 20)

Session 3 - May 1-22

Violin Classes

		March	April	May
Beginning Violin	4:00-4:45 p.m.	2563.201	2563.202	2563.203
Advanced Beginning Violin	4:45-5:30 p.m.	2564.201	2564.202	2564.203
Intermediate/Advanced Violin	5:30-6:00 p.m.	2565.201	2565.202	2565.203

Voice Lessons

		March	April	May
Group Voice	6:00-7:00 p.m.	2566.201	2566.202	2566.203

Trumpet

		March	April	May
Beginning Trumpet	4:00-4:45 p.m.	2567.201	2567.202	2567.203
Advanced Beginning Trumpet	4:45-5:30 p.m.	2568.201	2568.202	2568.203
Intermediate/Advanced Trumpet	5:30-6:00 p.m.	2569.201	2569.202	2569.203

Guitar

		March	April	May
Beginning Guitar	4:00-4:45 p.m.	2570.201	2570.202	2570.203
Advanced Beginning Guitar	4:45-5:30 p.m.	2571.201	2571.202	2571.203
Intermediate/Advanced Guitar	5:30-6:00 p.m.	2572.201	2572.202	2572.203



*The three-month pre-pay option is available quarterly for a total savings of \$15. You can pre-pay at the start of each quarter for the following months: September, December, and March. The pre-pay plan requires payment in advance, is only available at the beginning of the each quarter, and must be paid in full. The Youth Mariachi Program is held from September-May.



Norwalk All-City Youth Band

You are invited to join the Norwalk All-City Youth Band. This program is comprised of the band, a drill team, and a tall flag unit. Joining the Band is a great way to get involved. This group fundraises, goes on trips, conducts concerts, and performs in parades and City events. Practices are held twice a week at the Cultural Arts Center. For more information, please call 929-5521. Please note: The All-City Band program is held from September through June.

Cultural Arts Center Contract Classes

Please Note: All classes will be held at the Cultural Arts Center, 13200 Clarkdale Avenue.

Music For Little Mozarts (Ages 4-5)

Wednesdays • 3:00-3:30 p.m.

Cost: \$40/4 weeks

Instructor: Southern California Academy of Music
(A \$10 materials fee is due on the first day of class. Cash only please.)

This is an excellent music program designed for the young child. While participating in the adventures of Beethoven Bear and Mozart Mouse, children will learn the beginning principles of playing piano. Parent participation is required. Siblings may participate if enrolled. Register early, each class is limited to only four children!

Session 1 - 2573.201

March 7-28

Session 2 - 2573.202

April 4-25

Session 3 - 2573.203

May 2-23

Beginning Piano/Keyboarding (Ages 6-18)

Cost: \$40/4 weeks

Instructor: Southern California Academy of Music
(A \$10 book fee is due on the first day of class. Cash only please.)

Students will have fun learning the basics of playing the piano in a group setting. Students will spend time on music games, worksheets, and lesson time with the instructor. Keyboards will be provided during instruction time. However, students must have a piano or keyboard to practice at home. When you feel ready to enroll in Intermediate Piano, please consult with your instructor.

Session 1 - March 7-28

2574.201 (Ages 6-8)

2575.201 (Ages 9-18)

Session 2 - April 4-25

2574.202 (Ages 6-8)

2575.202 (Ages 9-18)

Session 2 - May 2-23

2574.203 (Ages 6-8)

2575.203 (Ages 9-18)

Wednesdays, 3:30-4:00 p.m.

Wednesdays, 4:00-4:30 p.m.

Wednesdays, 3:30-4:00 p.m.

Wednesdays, 4:00-4:30 p.m.

Wednesdays, 3:30-4:00 p.m.

Wednesdays, 4:00-4:30 p.m.

Intermediate Piano/Keyboarding (Ages 6-18)

Wednesdays • 4:30-5:15 p.m.

Cost: \$40/4 weeks

Instructor: Southern California Academy of Music
(A \$5 workbook fee is due on the first day of class. Cash only please.)

This class is a continuation of Beginning Piano Keyboarding and can be repeated. Students will continue progressing at their own pace through their piano book. Students will be grouped by age and level, and will rotate through centers consisting of workbooks, music games, and time with the instructor. Keyboards will be provided during instruction time. However, students must have a piano or keyboard to practice at home. Before enrolling in Intermediate Piano, please meet with the instructor.

Session 1 - 2576.201

March 7-28

Session 2 - 2576.202

April 4-25

Session 3 - 2576.203

May 2-23



Floral Design (Ages 18 & Over)

Tuesdays • 6:00-7:00 p.m.

Cost: \$25/4 weeks

Instructor: Vickie Le

Come join the fun and express your creativity. Learn the basic "how to" in floral design to create arrangements for all occasions. Students are required to purchase their own weekly flower supplies (a list will be provided). A \$10.00 materials fee is payable to the instructor for the first class only. You will go home with a beautiful arrangement you create in class each week.

Session 1 - 2581.201

April 10-May 1

Session 2 - 2581.202

May 8-29

Please Note: Programs may be changed or canceled without notice. Refunds will be issued in full for any program canceled by the City of Norwalk. Please visit the official City of Norwalk website at www.ci.norwalk.ca.us for updated information on upcoming events and programs.

Ceramic Hand Building & Potters Wheel

(Ages 13 & Over)

Cost: \$60/4 weeks

Instructor: Cecille Simons-Araya

(An additional \$12 materials fee is due on the first day of class. This will include a 25 lb bag of clay. Cash only please.)

Learn hand-building and throwing techniques to produce functional and decorative pieces. Projects will include boxes, bowls, vases, cups, and plates. Students will learn how to throw on the potter wheel as well as decorating techniques. All projects will be fired with no-lead glazes for safe use.

Session 1 – May 10-31

2577.201 (Ages 13-17)

Thursdays, 4:00-5:30 p.m.

2578.201 (Ages 18 & Over)

Thursdays, 5:30-7:00 p.m.

Adult Beginning Piano (Ages 18 & Over)

Thursdays • 5:30-6:15 p.m.

Cost: \$100/5 weeks & \$80/4 weeks

Instructor: Ian Jacobson

(A \$10 materials fee is due on the first day of class. Cash only please.)

For only \$20 a week you can learn to play the piano! Students will learn the basics of piano playing, how to read music, and basic concepts in music theory while in a group setting. Keyboards will be provided for instruction. Students must have a piano or keyboard to practice with at home.

Session 1 - 2579.201

April 5-26 (4 weeks)

Session 2 - 2579.202

May 3-31 (5 weeks)

Adult Intermediate Piano (Ages 18 & Over)

Thursdays • 6:15-7:00 p.m.

Cost: \$100/5 weeks & \$80/4 weeks

Instructor: Ian Jacobson

(A \$10 materials fee is due on the first day of class. Cash only please.)

For only \$20 a week you can brush up on your piano skills. This class is for past piano players that need to brush up on their skills or returning student needing to advance to the next level. This class is designed to be repeated. Please consult with your instructor before enrolling.

Session 1 - 2580.201

April 5-26 (4 weeks)

Session 2 - 2580.202

May 3-31 (5 weeks)

MyArt Workz: Water-Color Techniques (Ages 6-13)

Saturdays • 11:00-11:50 p.m.

Cost: \$39/4 Weeks

Instructor: Creative Brain Staff

(A \$15.00 material fee is due first day of class. Cash only please.)

Learn the fundamentals of brush painting with watercolors. This class explores various techniques that will improve your painting skills and provide inspiring tools for exploring your individual art adventure.

Session 1 - 2582.201

March 31-April 28

(Class will not meet on April 7)

Session 2 - 2582.202

May 5-26

MyArt Workz: Drawing Human Form (Ages 12-18)

Saturdays • 12:00-12:50 p.m.

Cost: \$39/4 Weeks

Instructor: Creative Brain Staff

(A \$15.00 material fee is due first day of class. Cash only please.)

Do you wish you could improve your drawing skills of people? Here is your chance! Drawing the Human Form class is a class that makes drawing people and portraits easy by exploring techniques artists use in their master works.

Session 1 - 2583.201

(Class will not meet on April 7)

Session 2 - 2583.202

March 31-April 28

May 5-26



Fotoworkz (18 & Over)

Saturdays • 1:00-1:50 p.m.

Cost: \$39/4 Weeks

Instructor: Creative Brain Staff

(A \$15.00 material fee is due first day of class. Cash only please.)

Want to take your photography to the next level? If so, Fotoworkz is the perfect class for you. You will learn the basic functions of digital cameras and how to get the maximum results like a pro. You will also explore photography as a means of artistic expression and journalism. Cameras and computer equipment will be provided for class use.

Session 1 - 2584.201

(Class will not meet on April 7)

Session 2 - 2584.202

March 31-April 28

May 5-26



Musicstar Voice (Ages 6-18)

Wednesday • 5:00-5:50 p.m.

Cost: \$39/4 Weeks

Instructor: Musicstar Staff

(A \$15.00 material fee is due first day of class. Cash only please.)

Discover the secrets of some of today's greatest voices. Musicstar voice classes teach students fundamental vocal techniques, voice development, and explore advanced techniques as they apply to producing today's commercial pop sound.

Session 1 - 2585.201

Session 2 - 2585.202

April 4-25

May 2-23



Musicstar Violin (Ages 6-18)

Wednesday • 6:00-6:50 p.m.

Cost: \$39/4 Weeks

Instructor: Musicstar Staff

(A \$15.00 material fee is due first day of class. Cash only please.)

Students will explore violin techniques as well as learn how to read music notation. At the end of the session, students will be able to play simple melodies and will have a solid knowledge of fundamental violin techniques. Violins will be provided for class use. Students are required to have a violin at home to practice. Rentals are available through Music Outlet USA. Please see your instructor for more information.

Session 1 - 2586.201 April 4-25

Session 2 - 2586.202 May 2-23



Norwalk Aquatic Pavilion 12301 Sproul Street • (562) 929-5622

Join a class, work out on your own, or just jump in and enjoy the Norwalk Aquatic Pavilion. Located at Norwalk Park, 12301 Sproul Street, the Aquatic Pavilion is a state-of-the-art facility providing the community with opportunities for fun and learning. This is a great place to bring the family to learn to swim or just to play. The Aquatic Pavilion is handicapped accessible, and the water is maintained at a very comfortable temperature. A variety of educational and family activities will be offered through the spring.

Norwalk Stingrays Youth Swim Team (Ages 6-18)

February 27-March 29 • Mondays, Wednesdays, & Thursdays • 6:00-8:00 p.m.



April 2-June 22 • Monday-Friday • 6:00-8:00 p.m.

Cost: \$70/month first swimmer; \$60/month second swimmer
\$50/month third swimmer in immediate family

The Norwalk Stingrays is a novice swim team designed to teach and encourage young people to participate in water sports on a competitive, yet fun, basis. Team members will learn basic competitive skills and train to compete in swim meets against other area swim teams throughout the winter. Swimmers are divided into different levels for practice and competitions. Group assignment is based on the swimmer's maturity level, commitment to training, experience, and participation in swim meets. Parental support is essential to the program's success. Children should be able to swim the front-crawl for 50 yards continuously, and have a basic knowledge of the competitive strokes at the time of registration. To try out for the Swim Team please call ahead to make an appointment with the Aquatic Staff. For more information, please call the Norwalk Aquatic Pavilion at 929-5539.

Norwalk Stingrays Learn to Swim Program (Ages 6-17)

Lessons are 30 minutes long and go for one month

February 27-March 19 • Mondays, Wednesdays & Thursdays • 6:00-6:30 p.m.

April 2-June 22 • Monday-Friday • 6:00-6:30 p.m.

Cost: \$70/month first swimmer; \$60/month second swimmer
\$50/month third swimmer in immediate family

Our American Red Cross Learn to Swim Program is designed to develop water safety and swimming skills that will prepare swimmers to join our Norwalk Stingrays Swim Team in the future. Level one and two swim lessons are designed to teach the basic water skills, breathing control, floating, kicking, and essential techniques for all four competitive swimming strokes.

Level One (Ages 6 & Over)

Level Two (Ages 6 & Over) Please Note: Some swimming knowledge is required

*All other swimming abilities will be assessed by the swim coaches before classes start.

Registration Dates Class Date:

February 20-23 February 27-March 30

March 26-29 April 2-May 4

April 30-May 4 May 7-June 22

May 28-June 1 June 4-22



Adult Lap Swim

February 27-March 29 Mondays, Wednesdays & Thursdays • 7:00-8:00 p.m.

April 2-June 22 Monday-Friday • 7:00-8:00 p.m.

Daily Admission: \$3.00/Adult • \$2.00/Senior

Use our facility to stay in shape and look great, too. Swimming is one of the most effective and complete exercises you can do. Lap swimmers have dedicated lanes, comfortable water temperature, and the chance to have a great workout. For more information, please call the Aquatic Pavilion at 929-5623.

Adult Shallow Water Aerobics

February 27-March 29

Mondays, Wednesdays & Thursdays • 6:00-7:00 p.m.

April 2-June 22

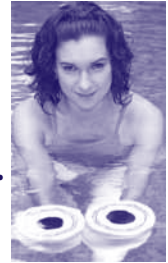
Monday-Friday • 6:00-7:00 p.m.

Daily Admission: \$3.00/Adult
\$2.00/Senior

Save 20% if you purchase a Swim Pass.

Senior Swim Pass - \$16.00

Adult Swim Pass - \$24.00



This is one of our most popular programs. Make your workouts fun and get into great shape. Our staff is friendly and loves to make workouts fun and exciting. The pool is accessible to everyone and we keep the water warm for you. It is also an excellent workout for anyone with joint problems.

Adult Deep Water Aerobics

February 27-March 29

Mondays, Wednesdays & Thursdays • 7:00-8:00 p.m.

April 2-June 22

Monday-Friday • 7:00-8:00 p.m.

Daily Admission: \$3.00/Adult • \$2.00/Senior

Save 20% if you purchase a Swim Pass.

Senior Swim Pass - \$16.00

Adult Swim Pass - \$24.00

Try a different workout in the deep water. If you are looking for a different challenge, come join us. This workout is a great opportunity for an invigorating, toning, and cardio-conditioning workout with no impact on your joints. The pool is accessible to everyone and we keep the water warm.

American Red Cross Lifeguard Training Class

Friday, 5:00-8:00 p.m.

Saturday-Sunday, 9:00 a.m.-5:00 p.m.

Cost: \$80.00 includes book and pocket mask

Want to become a Lifeguard for the Summer? This Lifeguard Training class will help you take a step in the right direction. Come join our class and become a certified Lifeguard for a great Summer job in the future.

Register Deadline

Friday, February 24

Friday, March 9

Friday, March 30

Friday, April 6

Class Dates

March 9-11

March 23-25

April 13-15

April 20-22



Aquatic Pavilion Weekend Rentals



(July, August, & September)

If you would like to reserve the Aquatic Pavilion for a special occasion, applications will be accepted on a first-come, first-serve basis beginning at 8:00 a.m. on Monday, April 2, at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue. Proof of Norwalk residency and a security deposit of \$250 is due at time of application. Office hours are Monday through Thursday, 8:00 a.m. to 9:00 p.m., and Fridays and Saturdays, 8:00 a.m. to 6:00 p.m. For more information, please call 929-5566.

Payment of Fees: Rental fees must be paid 30 days prior to the reservation. The facility rental fee applies to each hour from the beginning of the "Event" to the end of "Clean-Up" (excluding set up).

Set up Fees: Applicant may decorate/set up one hour in advance on the day of the reservation at a rate of \$25 per hour.

Security Deposit Refund: Please allow four to six weeks following reservation for refund to arrive by mail.

Barbeque Rental Fee: For safety purposes, groups wishing to barbeque must use City of Norwalk owned and maintained equipment. The \$25 fee includes one filled propane tank and staff time for set up and clean up.

Aquatic Pavilion Private Rental

Maximum Capacity: 350

Hours of Availability: Saturdays & Sundays, 5:30-11:30 p.m.

Facility is open for exclusive use by applicant. Fee includes lifeguards on duty.

\$80 Per Hour for Groups of Less than 50

\$140 Per Hour for Groups of 50 to 100*

\$200 Per Hour for Groups of More than 100*

\$250 Security Deposit

\$25 Per Hour for Set up (Maximum One Hour)

***Minimum One Hour Clean up Time**

Group attendance applies to all persons entering the facility, whether swimming or not.

Aquatic Pavilion Picnic Area Rental

Capacity: 100 (Banquet Style)

Hours of Availability: Saturdays or Sundays

Session 1 - 1:30-3:15 p.m.

Session 2 - 3:45-5:30 p.m.

Facility is open to public concurrently; rental includes exclusive access to picnic area. Admission fee applies to all persons entering the facility, whether swimming or not.

\$48 Per Recreation Swim Session

\$2 Per Youth or Senior (ages 55+) in Group

\$3 Per Adult (ages 18-54) in Group

\$250 Security Deposit

\$25 Per Hour for Set up (Maximum One Hour)

Small Fry Soccer (Ages 5-7 as of April 1) 2011.201

Cost: \$25 Residents/\$45 Non-resident

The Small Fry Soccer Program is designed to teach youth, ages 5-7, the basics of soccer. The program emphasizes skill development, sportsmanship, and teamwork in a non-competitive environment. Games will be played outside at Norwalk Park, 13000 Clarkdale Avenue, behind the Norwalk Arts & Sports Complex (NASC) beginning in April.

Fee includes a team shirt and participation trophy. Sign up at the NASC, 13000 Clarkdale Avenue. A parent meeting has been scheduled for Thursday, March 15, at 6:00 p.m., at the NASC. For more information, please call 929-5566.

Youth Indoor Soccer (Ages 8-13 as of April 1)

2011.202



Cost: \$25 Residents/\$45 Non-resident

The Youth Indoor Soccer League provides fundamental instruction and friendly competition in a safe and structured environment. Games will be played indoors at the Norwalk Arts & Sports Complex (NASC) beginning in April.

Fee includes a team shirt and participation trophy. A parent meeting has been scheduled for Thursday, March 15, at 6:45 p.m., at the NASC. For more information, please call 929-5566.

Volunteer Coaches Needed!

A successful year-round youth sports program depends on you! These programs are conducted solely with the support of volunteer coaches. Volunteer coaches are needed for the upcoming soccer program. If you would like to volunteer, please stop by the Norwalk Arts & Sports Complex (NASC) and complete a volunteer coach's form. Show up to the coaches meeting to select your team name and shirt color, as well as, review the rules and philosophy of our program. A coaches' meeting has been scheduled for Thursday, March 15 at 7:30 p.m. at the NASC. **Please Note:** In accordance with State regulations, the City of Norwalk fingerprints all volunteer coaches and their assistants at no cost during the coaches' meeting.

Small Fry T-Ball (Ages 5-7)

2100.301

Cost: \$25 Resident/\$45 Non-resident

(Fee includes a team shirt and participation trophy.)

The Small Fry T-Ball Program is designed to teach youth, ages 5-7, the basics of baseball. The program emphasizes skill development, sportsmanship, and teamwork in a non-competitive environment. Games will be played at Holifield Park, 12500 Excelsior Drive, beginning in July. A parent meeting has been scheduled for Thursday, June 7, at 6:00 p.m., at the Norwalk Arts & Sports Complex. Please call 929-5566 for more information.

Registration for soccer has already begun at the Norwalk Arts & Sports Complex and will end on Thursday, March 15.

Registration for baseball has already begun at the Norwalk Arts & Sports Complex and will end on Thursday, May 31.

Youth Summer Baseball (Ages 8-13) 2101.301

Cost: \$25 Resident/\$45 Non-resident
(Fee includes a team shirt and participation trophy.)

The Youth Baseball League provides fundamental instruction and friendly competition in a safe and structured environment. Games will be played at Zimmerman Park, 13031 Shoemaker Avenue, beginning in July. A parent meeting has been scheduled for Thursday, June 7, at 6:45 p.m., at the Sports Complex. Please call 929-5566 for more information.

Adult Slow Pitch Softball Leagues (Ages 18 & Over)

The 2012 Spring Adult Softball League is scheduled to begin in April. This adult league offers a structured opportunity for recreational competition. Fees include scorekeepers, and awards for 1st and 2nd place teams. Leagues offered include:

- Wednesday Night: Men's "Recreation" Division 2150.301**
- Friday Night: Co-ed "Recreation" Division 2151.301**

Registration ends and all fees are due by Friday, April 6, at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue. Entry fee is \$425 for each team (a \$100 deposit is due at the time of registration). Register and turn in all fees by Friday, March 16, receive a \$25 discount. Each team is also required to pay umpire fees of \$12.50 prior to the start of each game. For more information, please call 929-5567.

Adult Basketball Leagues (Ages 18 & Over)



The 2012 Summer Adult Basketball Leagues will begin in April. This adult league offers a structured opportunity for recreational competition. Fees include scorekeepers, and awards for 1st and 2nd place teams. Leagues offered include:

- Sunday Afternoons: Men's "D" Division 2152.301**
- Thursday Night: Men's "D" Division 2153.301**

Registration ends and all fees are due by Friday, April 6, at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue. Entry fee is \$360 for each team (a \$100 deposit is due at the time of registration). Register and turn in all fees by Friday, March 16, receive a \$25 discount. Each team is also responsible for paying the referee fees of \$25 prior to the start of each game. For more information, please call 929-5567.

Norwalk Arts & Sports Complex 13000 Clarkdale Avenue • 929-5566

Have you been thinking about getting fit, starting an exercise program, and living a healthier lifestyle? Then join the Norwalk Arts & Sports Complex (NASC), which is one of the most comprehensive and affordable fitness centers in the region. Membership entitles patrons use of the weight room, basketball gymnasium, four indoor racquetball/handball courts, and ping-pong table. Personal trainers are onsite to assist at no extra cost.

Listed below are the operating hours and membership fees. For further information, please call 929-5566.

NASC Operation/Registration Hours

Monday-Thursday	8:00 a.m.-9:00 p.m. (closed 2:30-3:00 p.m.)
Friday	8:00 a.m.-6:00 p.m. (closed 2:30-3:00 p.m.)
Saturday	9:00 a.m.-6:00 p.m.

Membership Hours

General Membership Hours

Monday-Thursday	3:00-9:00 p.m.
Friday	3:00-6:00 p.m.
Saturday	9:00 a.m.-6:00 p.m.
Sunday	Closed

Senior Membership Hours

Monday-Thursday	8:00 a.m.-9:00 p.m. (closed 2:30-3:00 p.m.)
Friday	8:00 a.m.-6:00 p.m. (closed 2:30-3:00 p.m.)
Saturday	9:00 a.m.-6:00 p.m.

Corporate Membership Hours

Monday-Friday	11:00 a.m.-2:30 p.m.
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NASC Fee Schedule

Daily Fee (non-members)	
Resident	\$5
Non-resident	\$15

Membership Fees

Youth (Ages 8-17)	\$35 Resident/\$50 Non-resident annually
Adults (Ages 18-54)	\$35 Resident/\$85 Non-resident quarterly
	\$136.50 Resident
	\$341.50 Non-resident annually
*Family Rate	\$43 Resident/\$85 Non-resident quarterly
	\$170.75 Resident
	\$341.50 Non-resident annually

*Immediate family living under the same household (proof required): Minimum one adult (parent/legal guardian), maximum two adults; minimum one minor child, maximum five minor children.

Seniors (Ages 55 & Over)	\$3 Resident/\$4 Non-resident monthly
	\$35 Resident/\$50 Non-resident annually
*Corporate (Norwalk Business Employees)	\$200 annually/\$50 quarterly
	*Proof of Employment Required

Basketball Schedule-Open Play*

Monday-Thursday	3:00-9:00 p.m.
Friday	3:00-6:00 p.m.
Saturday	9:00 a.m.-6:00 p.m.

*Schedule subject to change due to Basketball Leagues & Special Events.

Racquetball/Handball Court & Ping Pong Table*

*Only Norwalk residents may make same-day reservations for courts - \$5 fee. There is a one-hour limit for reservations.



Racquetball	
Monday/Wednesday	3:00-9:00 p.m.
Handball	
Tuesday/Thursday	3:00-9:00 p.m.
Open Play	
Friday	3:00-6:00 p.m.
Saturday	9:00 a.m.-6:00 p.m.

Please Note: The Norwalk Arts & Sports Complex will be closed Monday, May 28.

NASC Personal Trainer Hours for Seniors*

(Ages 55 & Over) *Senior Membership is required.

Monday-Friday • 8:30 a.m.-12:00 p.m.

A personal trainer is available to seniors from 8:30 a.m. to 12:00 p.m. at no additional cost. For more information, please call 929-5566.

NASC Senior Aerobics Class & Weight Room Workout* (Ages 55 & Over)

Mondays, Wednesdays, & Fridays • 9:00-11:00 a.m.

*Senior Membership is required.

Start your mornings off right, and join us for a fun and energetic 45-minute aerobic workout on Mondays, Wednesdays, and Fridays beginning at 9:15 a.m. For more information, please call 929-5566.

NASC Senior Open Basketball* (Ages 55 & Over)

Wednesdays & Fridays • 9:30-10:30 a.m.

*Senior Membership is required

Calling all seniors interested in staying fit and having fun. One court will be reserved for this activity to join other seniors for a pick-up game basketball. This is a great opportunity to exercise and socialize. Also, seniors have exclusive use of our state-of-the-art weight room and personal trainer on weekdays from 9:00 to 11:00 a.m. For more information, please call 929-5566.



Core & Strengthening Workout

Tuesdays & Thursdays • 12:15-1:00 p.m. (Corporate Membership is required)

Wednesdays • 6:00-7:00 p.m. (Adult Membership is required)

Tired of the daily grind? Energize yourself and have fun with this class! Body sculpting is highly recommended to those enrolled in a weight loss program because it helps retain lean muscle tissue while boosting metabolism. This class will sculpt your body to maintain proportions and symmetry while increasing muscle and bone density. A Yoga/Pilates mat and 2½-5 pound hand weights are recommended. Our certified instructor will inspire you to reach new heights while providing expert one-on-one instruction. **Please Note:** Schedule is subject to change.

Norwalk Boxing Program

The City of Norwalk offers a Boxing Program at the Norwalk Arts & Sports Complex where participants can learn boxing techniques and conditioning skills. Training is also available for youth interested in participating in area tournaments. Quarterly fees are \$25 for each resident and \$45 for each non-resident. For more information, please call 929-5566.



Youth Boxing Program (Ages 8-17)

Monday-Thursday, 4:00-6:30 p.m.

Friday, 4:00-6:00 p.m.

Saturday, 9:00 a.m.-12:00 p.m.

Adult Boxing Program (Ages 18 & Over)

Monday-Thursday, 6:30-8:00 p.m.

Friday, 6:00-8:00 p.m.

Saturday, 9:00 a.m.-12:00 p.m.

Facility Reservations

The City of Norwalk has facility rentals that are ideal for weddings, family reunions, baby and bridal showers, birthday parties, meetings, and more. To reserve a park facility, please call the Recreation and Park Services Department at 929-5702 and rental applications are available at Norwalk City Hall, Room 10. To reserve, view a room, or obtain a rental application, please call 929-5566 or visit the Norwalk Arts & Sports Complex located at 13000 Clarkdale Avenue. Rental information is also available at www.ci.norwalk.ca.us. **Please Note:** Fifteen and sixteen year old birthday celebrations are not permitted.

Payment of Fees: The security deposit is due in full when an application is approved. Room reservations must be made at least 30 days in advance and rental fees must be paid in full 30 days prior to the reservation date.

Set-up Fees: Applicant may decorate/set up one to three hours in advance on the day of the reservation at a rate of \$46 per hour.

Security Fee: If applicant is serving alcohol at an event, in addition to the reservation total, an hourly fee of \$35 will apply for each Public Safety Officer in attendance. If it is determined that Sheriff Deputies are required, a fee of \$102 an hour per deputy will apply.

Non-resident Fee: An additional flat fee of \$500 applies to non-resident use.

Security Deposit Refund: Please allow four to six weeks following your reservation for refund to arrive by mail.

Park Facilities

Rental applications are available at Norwalk City Hall, 12700 Norwalk Boulevard, Room 10 or online at www.ci.norwalk.ca.us.

Gerdes Park Recreation Center

14700 Gridley Road

Capacity: 70 Banquet Style

\$225.25 (5-Hour Block of Time)

\$23.50 Each Additional Hour

Non-resident Fee: \$150 (in addition to the hourly fee)

\$1,000 Security Deposit with alcohol

\$500 Security Deposit without alcohol

Available Hours: Saturday • 12:00-11:00 p.m.

Sunday • 9:00 a.m.-11:00 p.m.

Gerdes Park A-Frame

14700 Gridley Road

Capacity: 80

\$48 per day

Non-resident Fee: \$96

Available Hours: Daily • 9:00 a.m.-6:00 p.m.

Planning a Special Event?



The City of Norwalk has various facility rentals to host your next event. To reserve a park facility, call the Recreation and Park Services Department at 929-5702. To reserve a room at the Norwalk Arts & Sports Complex, please call 929-5566. **Please Note:** Fifteen and sixteen year old birthday celebrations are not permitted. For detailed rental information and fees, or visit us at www.ci.norwalk.ca.us.

Sproul Room

Capacity: 150 Maximum
\$ 691.50 (5-Hour Block of Time, includes one hour of cleanup)
\$150 Each Additional Hour
\$1,000 Security Deposit (Serving alcohol)
\$500 Security Deposit (No alcohol)

Hargitt Room

Capacity: 50 Maximum
\$285.50 (5-Hour Block of Time, includes one hour of cleanup)
\$35 Each Additional Hour
\$500 Security Deposit (with/without alcohol)

Multi-Purpose Room

Capacity: 150 Maximum
\$464 (5-Hour Block of Time, includes one hour of cleanup)
\$100 Each Additional Hour
\$1,000 Security Deposit (Serving alcohol)
\$500 Security Deposit (No alcohol)

Hospitality Courtyard

Capacity: 200 Maximum (outdoor setting)
\$374 (3-Hour Block of Time, includes one hour of cleanup)
\$100 Each Additional Hour
\$500 Security Deposit (with/without alcohol)

Sproul Reception Center (Barn)

Capacity: 72 Indoor-100 Indoor and Outdoor
\$678 (5-Hour Block of Time, includes one hour of cleanup)
\$125 Each Additional Hour
\$1,000 Security Deposit (Serving alcohol)
\$500 Security Deposit (No alcohol)



Hermosillo Park Recreation Center

11959 162nd Street
Capacity: 80 Banquet Style
\$225.25 (5-Hour Block of Time)
\$23.50 Each Additional Hour
Non-resident Fee: \$150 (in addition to the hourly fee)
\$1,000 Security Deposit with alcohol
\$500 Security Deposit without alcohol
Available Hours: Saturday • 12:00-11:00 p.m.
Sunday • 9:00 a.m.-11:00 p.m.

Sara Mendez Park Recreation Center

11660 Dune Street
Capacity: 44 Banquet Style
\$350 (5-Hour Block of Time)
\$23.50 Each Additional Hour
Non-resident Fee: \$150 (in addition to the hourly fee)
\$1,000 Security Deposit with alcohol
\$500 Security Deposit without alcohol
Available Hours: Saturday • 12:00-11:00 p.m.
Sunday • 9:00 a.m.-11:00 p.m.

Norwalk Nature Center

(Norwalk Park)
 13000 Clarkdale Avenue
Capacity: 50
\$50 per hour
\$110 per hour for Non-residents
\$250 Security Deposit
Maximum 2-hour Reservation
Please call 929-5519 for available hours.

Shoshonean Campsite

(Robert White Park)
 12120 Hoxie Avenue
Capacity: 250
\$200 (5-Hour Block of Time)
\$23.50 Each Additional Hour
Non-resident Fee: \$150 (in addition to the hourly fee)
Available Hours: Daily • 9:00 a.m.-7:00 p.m.
Overnight reservations for resident Boy and Girl Scout troops only.

Norwalk Arts & Sports Complex Classes

Pre-registration is required for all contract classes. Registration is taken at the Norwalk Arts & Sports Complex (unless otherwise noted), and will begin Monday, March 19, beginning at 9:00 a.m. Registration is accepted on a first come, first served basis due to limited space. Proof of residency is required at the time of registration and a \$5 fee will be applied per class in addition to the class fee for non-residents.

Please Note: The Norwalk Arts & Sports Complex will be closed Monday, May 28.

Dance

Bachata (Ages 18 & Over)

Wednesdays • 7:00-8:00 p.m.

Cost: \$25/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Araceli Alvarado

Come learn the basic steps of Bachata. Bachata is a form of music dance that originated from the countryside of the Dominican Republic. This is a great chance to meet people who love to dance! No partner is needed.

Session 1 - 2223.201

March 28-April 25

Session 2 - 2223.202

May 9-June 6



Beginning Hawaiian Dancing (Ages 6 & Over)

Mondays • 6:00-6:30 p.m.

Cost: \$30/5 weeks (One student)

\$45/5 weeks (Two immediate family members)

NASC, 13000 Clarkdale Avenue

Instructor: Terry Poochigian

Learn the graceful hand, arm, and body movements of the Hula and other island dances set to beautiful music. Students will learn the hand movements that tell a story as well as the beautiful hip and foot movements.

Session 1 - 2225.201

April 2-30

Session 2 - 2225.202

May 7-June 11

(Class will not meet on May 28)



Country Western Line Dancing (Ages 18 & Over)

Tuesdays • 8:00-9:00 p.m.

Cost: \$25/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Ernie Lesaca

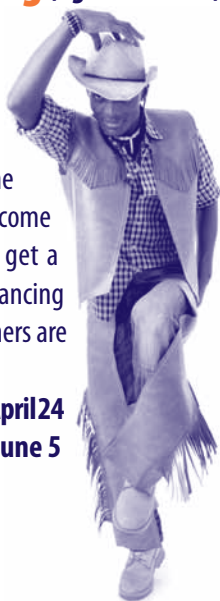
Come and join the fun while learning several line dances. If you already have some moves then come on down and listen to some good music and get a great cardio workout. Meet people who enjoy dancing just like you. Bring a friend or come alone, partners are not required.

Session 1 - 2232.201

March 27-April 24

Session 2 - 2232.202

May 8-June 5



Ballet for Tots (Ages 3-5)

Saturdays • 9:30-10:30 a.m.

Cost: \$30/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Stepping Out Studio Staff

This class will introduce future prima ballerinas to the fundamentals of dance positions and terminology.

Dancers will skip, hop, turn, and perform other ballet-oriented skills.

Session 1 - 2100.201

March 31-April 28

Session 2 - 2100.202

May 12-June 9



Pre-Ballet (Ages 6-10)

Saturdays • 10:30-11:30 a.m.

Cost: \$30/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Stepping Out Studio Staff

Join this fun-filled class that introduces students to ballet terminology, positions, and proper technique.

Session 1 - 2101.201

March 31-April 28

Session 2 - 2101.202

May 12-June 9

Ballet/Tap Combo (Ages 3-8)

Cost: \$30/5 weeks

And Dance! Studio, 13417 Pumice Street, Norwalk

Instructor: And Dance! Staff • 404-9339

This is an introductory class to both ballet and tap. Children will learn all basic positions and rhythms. There will be a strong emphasis on creative movement and self-expression including use of themes and props.

Session 1 - March 31-April 28

2216.201 (Ages 3-5)

Saturday, 9:00-9:45 a.m.

2217.201 (Ages 6-8)

Saturday, 10:00-10:45 a.m.

Session 2 - May 12-June 9

2216.202 (Ages 3-5)

Saturday, 9:00-9:45 a.m.

2217.202 (Ages 6-8)

Saturday, 10:00-10:45 a.m.

Kids Belly Dancing (Ages 6-13)

Mondays • 6:30-7:00 p.m.

Cost: \$30/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Terry Poochigian

Kids will learn the basics of belly dancing, which include: Arm and hip lifts, body movements and timing. Students will also learn how to use veils with their dancing movements. Optional fees may apply for props and costumes for students who wish to participate in shows.

Session 1 - 2126.201

April 2-30

Session 2 - 2126.202

May 7-June 11

(Class will not meet on May 28)

Please Note: Programs may be changed or canceled without notice. Refunds will be issued in full for any program canceled by the City of Norwalk. Please visit the official City of Norwalk website at www.ci.norwalk.ca.us for updated information on upcoming events and programs.

Fundamentals of Belly Dancing (Ages 14 & Over)

Mondays • 7:00-8:00 p.m. (Beginning) • 8:00-9:00 p.m. (Advanced)

Cost: \$40/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Terry Poochigian

Tone and firm the exotic way with sensuous, graceful body movements using finger cymbals and veils. All phases of the dance and culture are taught, including floor work. Class is age appropriate. Optional fees may apply for props and costumes for students who wish to participate in shows.



Beginning

Session 1 - 2224.201

Session 2 - 2224.202

(Class will not meet on May 28)

Advanced

Session 1 - 2227.201

Session 2 - 2227.202

(Class will not meet on May 28)

April 2-30

May 7-June 11

April 2-30

May 7-June 11

Hip Hop Dance (Ages 9-15)

Fridays • 7:00-8:00 p.m.

Cost: \$25/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Norma Perez

Get funky with your friends and gain confidence in your dance style. This is a high-energy class that requires a positive attitude and lots of enthusiasm. No experience is required for learning these moves. Class is age appropriate.



Session 1 - 2259.201

Session 2 - 2259.202

March 30-April 27

May 11-June 8

Beginning Salsa Dance (Ages 16 & Over)

Thursdays • 7:00-8:00 p.m.

Cost: \$35/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Socorro & Tony

Learn the basic steps of Salsa including turns, dips, and hand combinations. This is a great chance to meet people who love to dance, just like you. Wear your street shoes. (No tennis shoes.)



Session 1 - 2151.201

Session 2 - 2151.202

March 29-April 26

May 10-June 7

Tap for Tots (Ages 3-5)

Tuesdays • 3:30-4:30 p.m.

Cost: \$30/5 weeks

Stepping Out Performing Arts Studio

11405 Firestone Boulevard, Suite E

Instructor: Stepping Out Studio Staff • 929-1050

A fun-filled class designed to introduce dancers to basic tap steps and creative movements. Emphasis is placed on rhythm, coordination, and fun.



Session 1 - 2203.201

Session 2 - 2203.202

March 27-April 24

May 8-June 5

Tap/Jazz (Ages 6-10)

Mondays • 5:30-6:30 p.m.

Cost: \$30/5 weeks

Stepping Out Performing Arts Studio

11405 Firestone Boulevard, Suite E

Instructor: Stepping Out Studio Staff

929-1050

Move to the beat as you learn how to stomp and keep time with your feet. Learn basic tap moves, and put them into a combination. Then get ready for some hip hop and jazz moves you can use with your favorite radio tunes.



Session 1 - 2204.201

Session 2 - 2204.202

(Class will not meet on May 28)

April 2-30

May 7-June 11

Folklorico Dance (Ages 6 & Over)

Cost: \$15/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Manuel Ramirez

This class will introduce dancers to the basic Folklorico steps of Mexico and Southern California. Instructor will provide further information regarding dance attire at the first class.



Beginner

Session 1 - March 31-April 28

2250.201 (Ages 6 & Over)

2251.201 (Ages 55 & Over)

Session 2 - May 12-June 9

2250.202 (Ages 6 & Over)

2251.202 (Ages 55 & Over)

Advanced

Session 1 - April 2-30

2252.201 (Ages 55 & Over)

2253.201 (Ages 6-54)

Session 2 - May 7-June 11

(Class will not meet on May 28)

2252.202 (Ages 55 & Over)

2253.202 (Ages 6-54)

Saturdays, 9:00-10:00 a.m.

Saturdays, 10:15-11:15 a.m.

Saturdays, 9:00-10:00 a.m.

Saturdays, 10:15-11:15 a.m.

Mondays, 6:15-7:15 p.m.

Mondays, 7:30-8:30 p.m.

Mondays, 6:15-7:15 p.m.

Mondays, 7:30-8:30 p.m.

Fine Arts

Guitar for Beginners (Ages 5 & Over)

Cost: \$35/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Jim Warino Myspace.com/jwarino

Learn the basic skills of playing the guitar, including chords, finger picking, rhythms, and songs in a variety of styles. You must provide your own acoustic guitar.



Session 1 - April 2-30

2261.201 (Ages 5-12)

Mondays, 6:55-7:55 p.m.

2262.201 (Ages 13 & Over)

Mondays, 7:55-8:55 p.m.

Session 2 - May 7-June 11

(Class will not meet on May 28)

2261.202 (Ages 5-12)

Mondays, 6:55-7:55 p.m.

2262.202 (Ages 13 & Over)

Mondays, 7:55-8:55 p.m.

Guitar II (Ages 10 & Over)

Mondays • 5:55-6:55 p.m.

Cost: \$35/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Jim Warino Myspace.com/jwarino

Continue the art of guitar playing by learning more songs, exercises, solos and rhythms in a variety of styles from teacher who has helped top musicians reach their platinum dreams. Suitable completion of beginning guitar or instructor approval is required for this class. You must provide your own acoustic guitar.

Session 1 - 2263.201

April 2-30

Session 2 - 2263.202

May 7-June 11

(Class will not meet on May 28)

Health & Fitness

Body Shaping and Toning Class (Ages 18 & Over)

Cost: \$25/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Lola Dikaiou

Tired of the daily grind? Energize yourself and have fun with this class! Body sculpting is highly recommended to those enrolled in a weight loss program because it helps retain lean muscle tissue while boosting metabolism. This class will sculpt your body to maintain proportions and symmetry while increasing muscle and bone density. A Yoga/Pilates mat and 2½-5 pound hand weights are optional, but recommended. For maximum results, register for both classes. Our certified instructor will inspire you to reach new heights while providing expert one-on-one instruction.

Tuesdays • 6:00-7:00 p.m. (Class focuses on buns and thighs)

Session 1 - 2205.201

March 27-April 24

Session 2 - 2205.202

May 8-June 5

Thursdays • 6:00-7:00 p.m. (Class focuses on abdominal section)

Session 1 - 2206.201

March 29-April 26

Session 2 - 2206.202

May 10-June 7

Power Pilates (Ages 18 & Over)

Tuesdays • 7:00-8:00 p.m.

Cost: \$30/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Lola Dikaiou

Power Pilates is a mix of yoga moves and Pilates. This class will concentrate on building strength and flexibility, improving coordination, posture, balance, and stamina.



Session 1 - 2207.201

March 27-April 24

Session 2 - 2207.202

May 8-June 5

Cardio Kickboxing (Ages 18 & Over)

Tuesdays • 8:00-9:00 p.m.

Cost: \$25/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Liesl Steiner

This class will emphasize training and conditioning (punches, kicks, combos, and cardio) to help overcome any obstacles that one may encounter in life.

Session 1 - 2231.201

March 27-April 24

Session 2 - 2231.202

May 8-June 5

Zumba Fitness (Ages 18 & Over)

Wednesdays • 8:00-9:00 p.m.

Cost: \$28/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Elie Welti

Zumba is a 50-minute aerobic workout that combines movements and rhythms such as Salsa, Cumbia, Merengue, Flamenco, Belly Dance, Reggeaton, and much more. This class is a fun way to get in shape, and is excellent for the body and mind!

Session 1 - 2273.201

March 28-April 25

Session 2 - 2273.202

May 9-June 6

Aerobics-High/Low (Ages 16 & Over)

Tuesdays & Thursdays • 7:00-8:00 p.m.

Cost: \$25/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Alex Vogel

This high intensity, low impact aerobics class is combined with a brief, high impact session. Upper body exercise and an abdominal workout are also included in each session. Bring hand weights, a mat, and a towel to class.



Session 1 - 2265.201

March 27-April 26

Session 2 - 2265.202

May 8-June 7

Yoga (All Ages)



Cost: \$35/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: United Heart Yoga Staff

In this class you will focus on increased flexibility, controlled breathing, and relaxation through non-intimidating Yoga techniques. Please bring a non-slip mat and comfortable clothing.

Tuesdays • 6:00-7:00 p.m.

Session 1 - 2274.201

March 27-April 24

Session 2 - 2274.202

May 8-June 5

Fridays • 5:30-6:30 p.m.

Session 1 - 2275.201

March 30-April 27

Session 2 - 2275.202

May 11-June 8

Martial Arts

Capoeira (Ages 10 & Over)

Mondays • 8:00-9:00 p.m.

Cost: \$30/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Guilherme Barros, Centrosul Capoeira Academy

Capoeira is a martial art that involves movement, music and practical philosophy. This Brazilian art helps tone your body through self-defense while learning about the culture of Brazil. Uniform is required.

Session 1 - 2276.201

April 2-30

Session 2 - 2276.202

May 7-June 11

(Class will not meet on May 28)

Japanese Goju-Ryu Karate (Ages 7 & Over)

Cost: \$40/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Brian A. Burdick

Learn the fundamentals of self-defense and Karate. Learn self-discipline and self-confidence through traditional and modern Goju-Ryu Karate. Emphasis is on blocking, punching, kicking, countering, body conditioning, and formal martial arts training.

Mondays & Wednesdays • 6:00-8:00 p.m.

Session 1 - 2278.201

April 2-May 2

Session 2 - 2278.202

May 7-June 13

(Class will not meet on May 28)

Advanced - Requires instructor's permission

Fridays • 6:30-8:30 p.m.

Session 1 - 2279.201

March 30-April 27

Session 2 - 2279.202

May 11-June 8

Tae Kwon Do (Ages 5 & Over)

Cost: \$60/5 weeks for one student

\$80/5 weeks for two family members

\$90/5 weeks for three family members

(No additional charge for 4th family member)

Moonstar Tae Kwon Do Academy

15923 Pioneer Boulevard • 402-8300

Instructor: Master Im

A well balanced program designed to teach girls, boys, and adults, confidence, self-discipline, coordination, safety, blocking, spectacular kicking and punching skills, including Korean terminology, and respect associated with Tae Kwon Do.

Session 1 - 2283.201

Mondays & Wednesdays

4:00-5:00 p.m. (Ages 5-12)

Mondays & Wednesdays

7:00-8:00 p.m. (Ages 13 & Over)

Fridays

6:00-7:00 p.m. (All Ages)

Session 2 - 2283.202

(Class will not meet on May 28)

May 7-June 15

Mondays & Wednesdays

4:00-5:00 p.m. (Ages 5-12)

Mondays & Wednesdays

7:00-8:00 p.m. (Ages 13 & Over)

Fridays

6:00-7:00 p.m. (All Ages)



April 2-May 4

4:00-5:00 p.m. (Ages 5-12)

7:00-8:00 p.m. (Ages 13 & Over)

6:00-7:00 p.m. (All Ages)

May 7-June 15

Sports

Tai Chi (Ages 8 & Over)

Mondays & Wednesdays • 4:30-6:00 p.m.

Cost: \$40/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Eric Morales

Tai Chi uses a soft and gentle approach to help develop relaxation, strength, flexibility, and overall mental health.

Session 1 - 2210.201

April 2- May 2

Session 2 - 2210.202

May 7-June 13

(Class will not meet on May 28)

Beginning Table Tennis

Mondays & Wednesdays

Cost: \$30/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Alex Heske

Come and enjoy learning one of the top sports in the world from a US Open Champion. Enhance your hand-eye coordination, stamina, motor skills, and much more. Learn to beat your friends or improve your game.



Session 1 – April 2-May 2

2208.201 (Ages 7-17)

6:00-7:00 p.m.

2209.201 (Ages 18 & Over)

7:00-8:00 p.m.

Session 2 – May 7-June 13

(Class will not meet on May 28)

2208.202 (Ages 7-17)

6:00-7:00 p.m.

2209.202 (Ages 18 & Over)

7:00-8:00 p.m.

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Tumbling Toddlers

Cost: \$40/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Nathaniel Freund, Lighthouse Gymnastics Academy

This fun-filled program teaches coordination and basic motor skills while having a ton of fun. This environment not only introduces the exciting and bouncy world of gymnastics but also helps prepare them for the structure needed in Preschool and Kindergarten. Adult participation is required at all times for younger class.



Session 1 – March 31-April 28

2219.201 (Ages 2-3)

2219.202 (Ages 4-5)

Session 2 – May 12-June 9

2220.201 (Ages 2-3)

2220.202 (Ages 4-5)

Saturday, 3:00-3:45 p.m.

Saturday, 3:45-4:30 p.m.

Saturday, 3:00-3:45 p.m.

Saturday, 3:45-4:30 p.m.

Tumbling (Ages 6-12)

Saturdays • 4:30-5:30 p.m.

Cost: \$40/5 weeks

NASC, 13000 Clarkdale Avenue

**Instructor: Nathaniel Freund
Lighthouse Gymnastics Academy**

The class is for kids who want to learn gymnastics whether it is for cheer, martial arts, or just for fun. The tumbling program starts with basic rolls, handstands, and cartwheels and moves on to more advanced skills such as round-off back handsprings as children progress and become more skilled.



Session 1 - 2222.201

March 31-April 28

Session 2 - 2222.202

May 12-June 9

Tumbling for Teens (Ages 12-18)

Saturdays • 3:45-4:45 p.m.

Cost: \$40/5 weeks

NASC, 13000 Clarkdale Avenue

Instructor: Nathaniel Freund, Lighthouse Gymnastics Academy

The tumbling program starts with basic tumbling skills for beginners and will continue on to harder skills, such as round-off back handsprings, multiples, and tucks as they progress and become more skilled. This is a great class for kids who are planning on trying out for, or are already involved in, cheerleading or martial arts.

Session 1 - 2228.201

Session 2 - 2228.202

March 31-April 28

May 12-June 9

Mommy, Daddy, & Me Gymnastics (Ages 1½-2)

Saturdays • 9:00-9:45 a.m.

Cost: \$40 5/weeks

Pacific Diving Academy, USA

15064 Shoemaker Avenue, Santa Fe Springs

Instructor: PDA Staff • 229-1927

This fun parent-child interactive class is designed to introduce the basic elements of gymnastics to your toddler. This program will introduce your child to the wonderful world of movement such as improving hand-eye coordination, motor development, and physical education. Parent participation is required.



Session 1 - 2234.201

Session 2 - 2234.202

March 31-April 28

May 12-June 9

Little Gymnasts (Ages 3-4)

Saturdays • 10:00-10:45 a.m.

Cost: \$40 5/weeks

Pacific Diving Academy, USA

15064 Shoemaker Avenue, Santa Fe Springs

Instructor: PDA Staff • 229-1927

Little gymnasts will be introduced to the balance beam, vaulting, floor work, and bars at a level that is fun and safe for their skill level. Great exercise for any child!

Session 1 - 2235.201

Session 2 - 2235.202

March 31-April 28

May 12-June 9



Visit the City of Norwalk's
Official Website at:
www.ci.norwalk.ca.us

Share Your Talents with Others!

Do you have a special skill or hobby? Here's an opportunity to teach others while earning extra income! The City of Norwalk Recreation and Park Services Department is looking for instructors to teach new innovative classes to the Norwalk community (budgeting, fitness, cooking, crafts, voice, etc.).

If you are up to the challenge, please call 929-5566 to request an Instructor Proposal Form, or pick one up at the Norwalk Arts & Sports Complex located at 13000 Clarkdale Avenue.



Awesome Acrobats (Ages 4½-5)

Saturdays • 11:00-11:45 a.m.

Cost: \$40 5/weeks

Pacific Diving Academy, USA

15064 Shoemaker Avenue

Santa Fe Springs

Instructor: PDA Staff

229-1927

Your little acrobat will be introduced to the real world of gymnastics, including all events. They will begin developing proper body position, hand-eye coordination, flexibility, concentration, motor development, and physical education. All this and fun, too!!!!

Session 1 - 2236.201

Session 2 - 2236.202



March 31-April 28

May 12-June 9

Jammin' Gymnasts (Ages 6-9)

Saturdays • 12:00-1:00 p.m.

Cost: \$40 5/weeks

Pacific Diving Academy, USA

15064 Shoemaker Avenue, Santa Fe Springs

Instructor: PDA Staff • 229-1927

This fun class is geared toward the ability of the individual. These Jammin' Gymnasts will experience the real world of gymnastics where all events will be taught.

Session 1 - 2237.201

Session 2 - 2237.202

March 31-April 28

May 12-June 9

Bumper Bowling (Ages 3-7)

Tuesdays • 3:30-4:30 p.m.

Cost: \$36/5 weeks

Keystone Lanes, 11459 Imperial Highway

Instructor: Keystone Lanes Staff • 868-3261

Children will enjoy this special bowling opportunity. Everyone succeeds because the gutters are guarded. This is a parent/child participation class to encourage the sport of bowling. Bowling shoes and lightweight balls are provided.

Session 1 - 2201.201

Session 2 - 2201.202

March 27-April 24

May 8-June 5

Bowling For Fun (Ages 8-17)

Tuesdays • 3:30-4:30 p.m.

Cost: \$36/5 weeks

Keystone Lanes, 11459 Imperial Highway

Instructor: Keystone Lanes Staff • 868-3261

Here's a great way to learn to bowl or to improve your skills in a non-competitive environment. Bowling shoes and bowling balls are included.

Session 1 - 2200.101

Session 2 - 2200.102

March 27-April 24

May 8-June 5

Self-Defense & Safety Awareness - Young Champions (Ages 5-15)

Gerdes Park, 14700 Gridley Road

Instructor: Young Champions • (714) 259-1400

Cost: \$74 paid in full/11 weeks*

*There is a \$8 registration fee per student per session

This program combines safety awareness education with self-defense instruction in a fun, structured environment! Register for this class with the self-defense instructor at Gerdes Park on the dates below.

Tuesdays, April 3-June 12

New Students (Ages 5-15)

Yellow Belts & Orange Belts

Advanced Belts

5:15-5:55 p.m.

6:00-6:40 p.m.

6:45-7:25 p.m.

Soccer-Young Champions (Ages 5-15)

Gerdes Park, 14700 Gridley Road.

Instructor: Young Champions

(714) 259-1400

Cost: \$62 per session/11 weeks*

*There is a \$8 registration fee per student per session

Students learn the essential skills and strategy to play "winning" soccer! Register for this class with the soccer coach at Gerdes Park on the dates below.

Mondays, April 2-June 11

All Students (Ages 5-6)

All Students (Ages 7-8)

All Students (Ages 9 & above)



3:00-3:40 p.m.

3:45-4:25 p.m.

4:30-5:10 p.m.

Classes



Contract Class registration begins Monday, March 19, at 8:00 a.m. at the Norwalk Arts & Sports Complex. Cultural Arts Center Class registration begins Thursday, March 1, at 8:00 a.m. at the Norwalk Arts & Sports Complex.

NASC Registration Hours

Monday-Thursday 8:00 a.m.-9:00 p.m. (closed 2:30-3:00 p.m.)
Friday 8:00 a.m.-6:00 p.m. (closed 2:30-3:00 p.m.)
Saturday 8:00 a.m.-6:00 p.m.

City of Norwalk Recreation & Park Services Department Activity/Class Registration

Payee's Name (please print) _____

Address _____ Apt. _____ City _____ Zip _____

Class #	Activity / Class	Name of Participant	M/F	DOB	Fee

\$5 Non-Resident Fee

Total Fees Paid

Telephone (_____) _____ Cell Phone (_____) _____

RELEASE OF LIABILITY, HOLD HARMLESS, AND AGREEMENT NOT TO SUE

I _____ (Participant's Name - If Participant is a minor, include name of parent or guardian here _____), and parent or guardian hereby expressly and irrevocably consent to minor's participation, and all uses of "I" or "me" herein are made on behalf of both the minor and the parent or guardian, fully understand that my participation in the _____ exposes me to the risk of personal injury, death, or property damage. I understand that there are risks inherent in such activity and hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

In consideration of being permitted to participate in this activity, I hereby release, discharge, and agree for myself, my heirs, administrators, executors, and assigns not to sue the City of Norwalk and/or Contracted Instructor for any injury, death, or damage to or loss of personal property arising out of, or in connection with, my participation in the activity from whatever cause. I further agree to indemnify and hold harmless the City of Norwalk and/or Contracted Instructor from any and all claims, demands, actions, or suits arising out of, or in connection with, my participation in the activity.

In case of accident or other emergency, I hereby authorize personnel or volunteers of the City of Norwalk or agents of the City to secure medical care deemed necessary as a result of accident or injury to me. In the event of illness or injury, I hereby consent to whatever x-ray examination, anesthetic, medical, surgical, or dental diagnosis, or treatment and hospital care considered necessary in the best judgment of the attending physician, surgeon, or dentist, and performed by or under the supervision of a member of the medical staff or the hospital furnishing medical or dental services.

I also permit the use of activity/event photography and/or video of my child or myself for media promotion.

I HAVE CAREFULLY READ THIS RELEASE OF LIABILITY, HOLD HARMLESS, AND AGREEMENT NOT TO SUE, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY, AND SIGN IT OF MY OWN FREE WILL.

Please print _____ Signature _____ Date _____

(Parent or Guardian must sign for those under 18 years of age)

Address _____ City _____ Zip _____

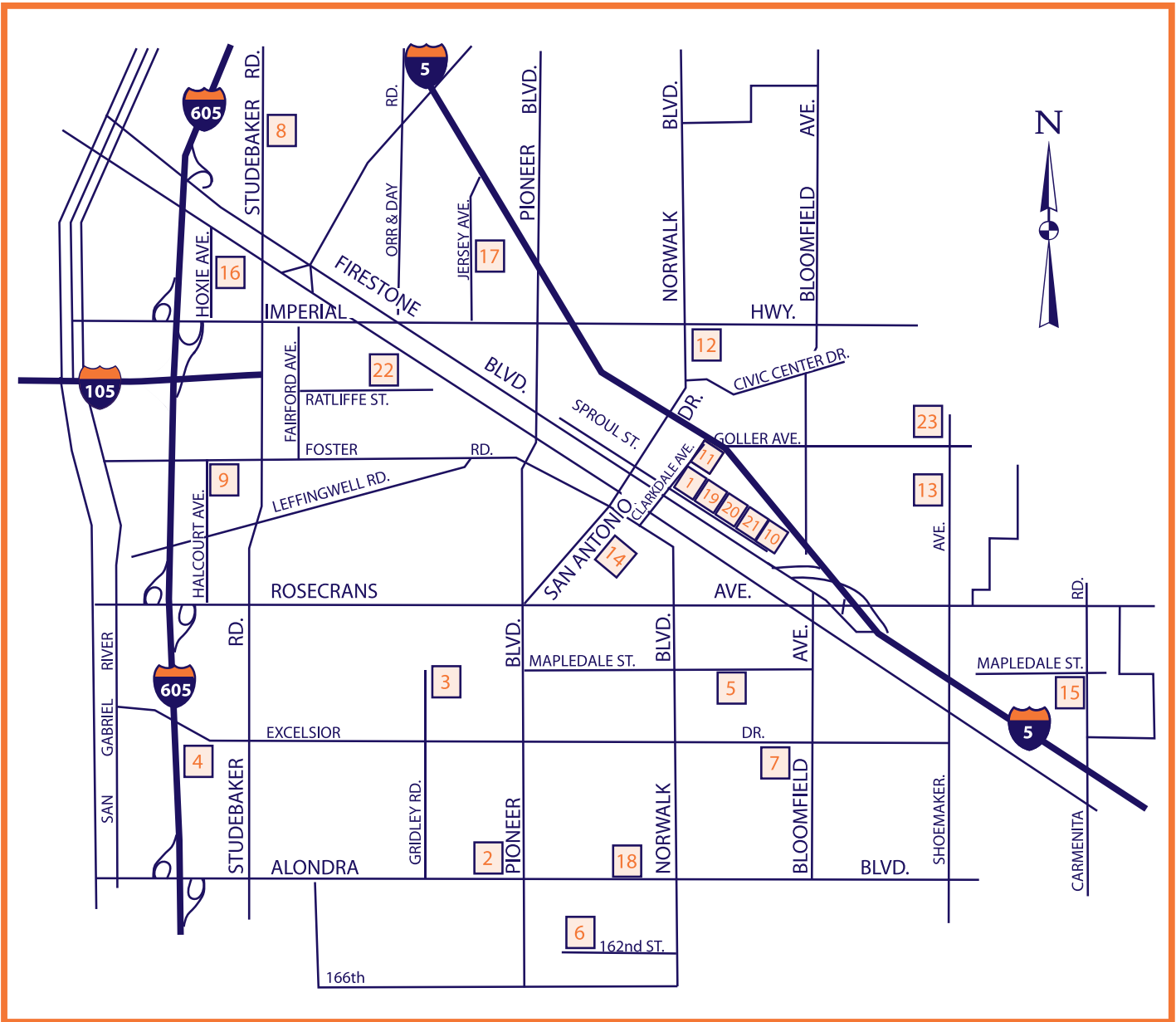
Telephone (_____) _____ Emergency Number (_____) _____

_____ (_____) _____

Family Medical Insurance Carrier _____ Policy Number _____ Insurance Company Telephone _____

If your child has any special medical conditions or needs, please check box and print a description on the back side of this page.

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List of Parks in Norwalk

- | | | | |
|---|---|--|---|
| <p>1. Cultural Arts Center
13200 Clarkdale Avenue
929-5521</p> | <p>7. Holifield Park
12500 Excelsior Drive
929-5614</p> | <p>12. Norwalk City Hall
12700 Norwalk Boulevard
929-5700</p> | <p>18. Social Services Center
11929 Alondra Boulevard
929-5544</p> |
| <p>2. Excelsior Gym
15711 Pioneer Boulevard
929-5610</p> | <p>8. Lakeside Park
11620 Studebaker Road
929-5615</p> | <p>13. Norwalk Golf Center
13717 Shoemaker Avenue
921-7047</p> | <p>19. Sproul Museum
12203 Sproul Street
929-5702</p> |
| <p>3. Gerdes Park
14700 Gridley Road
929-5611</p> | <p>9. New River Park
13432 Halcourt Avenue
929-5619</p> | <p>14. Norwalk Senior Center
14040 San Antonio Drive
929-5580</p> | <p>20. Sproul Reception Center
12239 Sproul Street</p> |
| <p>4. Glazier Park
10810 Excelsior Drive</p> | <p>10. Norwalk Aquatic Pavilion
12301 Sproul Street
929-5622</p> | <p>15. Ramona Park
13244 Mapledale Street
929-5616</p> | <p>21. Teen Center
12305 Sproul Street
929-4260</p> |
| <p>5. Hargitt House Museum
12426 Mapledale Street
929-5612</p> | <p>11. Norwalk Arts & Sports Complex/Norwalk Park/Skate Park/Nature Center
13000 Clarkdale Avenue
929-5566</p> | <p>16. Robert White Park
12120 Hoxie Avenue
929-5617</p> | <p>22. Vista Verde Park
11459 Ratliffe Street
929-5618</p> |
| <p>6. Hermosillo Park
11959 162nd Street
929-5613</p> | <p>17. Sara Mendez Park
11660 Dune Street
868-1093</p> | <p>23. Zimmerman Park
13031 Shoemaker Avenue
929-5620</p> | |

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