

# January 2012



The Teen Alliance Program, or "TAP" is a community service program for Norwalk teens. TAP provides teens, ages 13-18, with opportunities to volunteer their time in meaningful ways. Our members participate in activities and workshops that build self-esteem, teach life skills, develop job skills, and help them resolve conflict.

## Activities



**Mountain Sledding/ Hiking** Saturday  
8:00 a.m.-6:00 p.m. January 14  
\$5 per person 2501.101  
Date may be changed to February 4

**Old Town Pasadena** Saturday  
5:30-11:00 p.m. January 28  
\$5 per person 2502.101  
Register at the NASC by January 13. Bring extra money for shopping and food.



## Teen Center Classes



**Fitness Club** Tuesdays  
January 3-31 5:00-6:00 p.m.

**Scholarship Search** Wednesdays  
On-going 5:00-6:00 p.m.

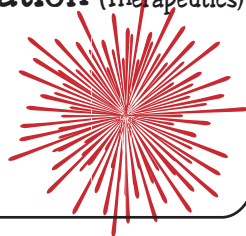
**Healthy Platters** Thursdays  
Jan. 19- Feb. 16 5:00-6:00 p.m.

The Norwalk Teen Center is open Monday through Friday 3:30-6:30 p.m.



## Volunteer

**Chinese New Year Celebration** (Therapeutics)  
Saturday, January 21  
12:00-4:00 p.m.  
Norwalk Arts and Sports Complex  
5 volunteers needed



**Heart Struck Middle School Dance**  
Friday, February 10, 2012  
5:00-10:00 p.m.  
Norwalk Arts and Sports Complex  
10 volunteers needed (11th and 12th grade only)



## Volunteer Hours Verification Letters

If you need a letter to verify your volunteer hours please give staff a one week notice.

## REMINDERS: ★

Do not wait until the last minute to sign up for excursions and events.

If you sign up to volunteer, you will get a phone call to confirm selection, do not assume you are volunteering.

**Next meeting is Wednesday, February 1, 2012 at 5:00 p.m. at the Norwalk Arts and Sports Complex**



## For more information:

Visit the Norwalk Teen Center, 12305 Sproul Street or call (562) 929-4260.

Norwalk Arts and Sports Complex (NASC), 13000 Clarkdale Avenue or call (562) 929-5566.